Children’s Oncology Camping Association-International

32nd Annual Conference

CAMP IS THE PLACE

COCA-I Nov 6-9, 2014
Salt Lake City, Utah
Dear COCA-I Nuts!

Welcome to Salt Lake City on behalf of Camp Hobé, your 2014 COCA-I Conference Host Camp! We hope you’ve had a relaxing trip on your journey to “The Place.” We are so excited to share our beautiful city with you throughout the conference.

We believe there are many many reasons that Salt Lake City is a wonderful conference location. The city is easy to get to, and easy to navigate. Our light rail system (TRAX) provides extensive service throughout the valley to many exciting tourist locations and you can hop on just outside the hotel, at the Gallivan Center station. If you want to explore the city yourself, know that the city is laid out on a North-South-East-West grid that makes it simple to find just about any address.

COCA-I is the place for you to reconnect with all your COCA-I friends, recharge, and get excited for the 2015 camp season. This year, COCA-I is also the place to:

- Explore the city! Check out the REAL soccer stadium, the Olympic Ice Oval, the new Utah Museum of Natural History, or high-end downtown shopping at Gateway or City Creek Center.
- Enjoy fine dining! Dress up fancy and eat at high-end restaurants like Ruth’s Chris, Flemings, Pallet, or The Paris.
- Eat cheap! Get great hole-in-the-wall eats at The Pie Hole, or Moochi’s Meatballs.
- Get your microbrew on! Check out Squatters, Red Rock, Desert Edge, or Epic, all Utah-based nationally-recognized brewpubs.
- Enjoy sports! See our NBA team the Utah Jazz play, or enjoy Utah Grizzlies hockey.
- Groove out! Check out our great music venues, The State Room, The Depot, or The Venue.
- Watch the sun set over the Great Salt Lake!

The Camp Hobé staff and volunteers are here to help you enjoy your stay in Salt Lake City. If you have questions, or need helping finding something, please let us know. We are happy to help!

Thank you so much for attending the 2014 COCA-I Annual Conference, and for all your hard work every summer. All of you are truly the ones who ensure that “Camp is the Place” for our campers to laugh, make friends, play, and enjoy being a kid again. Thanks for all you do to make life a bit sunnier for kids with cancer and their families.

Sincerely,

[Signature]
Christina Beckwith for the staff and volunteers of Camp Hobé
Executive Director, Camp Hobé
DEAR CONFERENCE ATTENDEE,

Welcome to Salt Lake City, Utah! On behalf of the COCA-I Board and Conference Planning Committee, we’re so excited you’re here. We appreciate the time and money you put into joining us and can assure you that we have a first-rate (and fun) conference in store for you. Whether you’re here to network, learn, or just relax and renew old acquaintances, you’ll have plenty of opportunities to do so.

We are thankful to Camp Hobé, our local host camp for providing support to the Conference Planning Committee as well as bringing ‘local flare’ and entertainment for Thursday and Saturday night. In addition, Don Golden, our Operations Manager, has been a wonderful staff addition in ensuring the success of COCA-I, as well as in helping the Conference Planning Committee. We also want to recognize and thank the support of our sponsors and exhibitors, who help make this conference possible. Please take time to visit them during conference. The COCA-I Conference will continue to grow and improve with your feedback and suggestions, so please make sure you fill out evaluations for each of the sessions you attend.

We like to think of this annual conference as a “weekend of camp for camp professionals,” as well as an opportunity to learn new things, make new friends and ultimately improve our programs for children with cancer and their families. We hope you enjoy your time at conference and thank you for the role you are playing to improve the lives of children with cancer.

HAPPY CAMPING — AND HAPPY CONFERENCE!

Dave Smith
President, COCA-I

Jennifer Amundsen
Conference Chair, COCA-I
COCA-I
gratefully acknowledges our
BRONZE SPONSORS

campsite

KOA

Care Camps

SANOFI
## TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Content</th>
<th>Page #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Schedule At a Glance</td>
<td>2-3</td>
</tr>
<tr>
<td>Thursday, November 6th</td>
<td>4-5</td>
</tr>
<tr>
<td>Friday, November 7th</td>
<td>6-9</td>
</tr>
<tr>
<td>Saturday, November 8th</td>
<td>10-13</td>
</tr>
<tr>
<td>Sunday, November 9th</td>
<td>14</td>
</tr>
<tr>
<td>Thank Yous</td>
<td>15</td>
</tr>
<tr>
<td>Breakout Session Descriptions</td>
<td>16-28</td>
</tr>
<tr>
<td>Keynote Descriptions</td>
<td>28-29</td>
</tr>
<tr>
<td>Speaker Bios</td>
<td>30-34</td>
</tr>
<tr>
<td>COCAI Conference App (Guidebook) Links</td>
<td>35</td>
</tr>
<tr>
<td>Downtown Salt Lake City Map</td>
<td>36</td>
</tr>
<tr>
<td>Things to do in Salt Lake City and the Vicinity</td>
<td>35-46</td>
</tr>
<tr>
<td>Things to do in Salt Lake City in Oct./Nov.</td>
<td>47</td>
</tr>
<tr>
<td>Things to do in Salt Lake City by Category</td>
<td>48-49</td>
</tr>
<tr>
<td>Restaurants by Type</td>
<td>50-53</td>
</tr>
<tr>
<td>Pubs, Clubs, &amp; Bars</td>
<td>54</td>
</tr>
<tr>
<td>TRAX Light Rail &amp; Bust</td>
<td>55</td>
</tr>
<tr>
<td>Salt Lake City Marriott City Center Conference Center Map</td>
<td>56</td>
</tr>
<tr>
<td>Best of Show Voting Ballot</td>
<td>57</td>
</tr>
</tbody>
</table>

*The mission of the Children’s Oncology Camping Association-International is to strengthen the international community of camps for children with cancer and their families through networking, education, and advocacy.*
## SCHEDULE AT A GLANCE

### Thursday, November 6, 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 am-4:00 pm</td>
<td>COCA-I Board Meetings <em>(Gallivan Boardroom)</em></td>
</tr>
<tr>
<td>2:00 pm-6:30 pm</td>
<td>Conference Registration/Information <em>(Registration Desk)</em></td>
</tr>
<tr>
<td>2:00 pm-6:30 pm</td>
<td>Exhibits <em>(Pre-Function Area)</em></td>
</tr>
<tr>
<td>4:30 pm-6:00 pm</td>
<td>Director’s Forum <em>(Amethyst Ballroom)</em></td>
</tr>
<tr>
<td>6:30 pm-7:00 pm</td>
<td>New Member/First Time Attendee Welcome Reception <em>(Olympus Ballroom)</em></td>
</tr>
<tr>
<td>7:00 pm-9:00 pm</td>
<td>President’s Reception and “Laughing Stock” Comedy Performance <em>(Olympus Ballroom)</em></td>
</tr>
<tr>
<td>9:00 pm-11:00 pm</td>
<td>Hospitality Suite Open</td>
</tr>
</tbody>
</table>

### Friday, November 7, 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am-8:30 am</td>
<td>COCA-I Board Meetings <em>(Gallivan Boardroom)</em></td>
</tr>
<tr>
<td>7:45 am-5:00 pm</td>
<td>Conference Registration/Information <em>(Registration Desk)</em></td>
</tr>
<tr>
<td>8:00 am-8:45 am</td>
<td>Breakfast <em>(Sponsored by CampSite - Capital Ballroom)</em></td>
</tr>
<tr>
<td>8:45 am-9:45 am</td>
<td>Keynote: <em>Kids These Days</em> - Kurt Podeszwa <em>(Capital Ballroom)</em></td>
</tr>
<tr>
<td>10:00 am-11:00 am</td>
<td>BREAKOUT SESSIONS (1)</td>
</tr>
<tr>
<td>11:15 am-12:15 pm</td>
<td>BREAKOUT SESSIONS (2)</td>
</tr>
<tr>
<td>12:30 pm-1:45 pm</td>
<td>Box Lunches and Regional Meetings <em>(Check daily schedule Regional Meeting locations)</em></td>
</tr>
<tr>
<td>2:00 pm-3:00 pm</td>
<td>Keynote: <em>Curing Adultitis: Your Prescription for Less Stress and More Success</em> - Jason Kotecki <em>(Capital Ballroom)</em></td>
</tr>
<tr>
<td>3:15 pm-4:15 pm</td>
<td>BREAKOUT SESSIONS (3)</td>
</tr>
<tr>
<td>4:30 pm-5:30 pm</td>
<td>Annual Meeting (At least 1 Voting Delegate from each Member Camp should attend) <em>(Capital Ballroom)</em></td>
</tr>
<tr>
<td>4:30 pm-5:30 pm</td>
<td>Best of Show Video Screening (for those not attending the Annual Meeting) <em>(Olympus A)</em></td>
</tr>
<tr>
<td>7:00 pm-</td>
<td>Evening “Out on the Town”</td>
</tr>
<tr>
<td>9:00 pm-11:00 pm</td>
<td>Hospitality Suite Open</td>
</tr>
</tbody>
</table>
Saturday, November 8, 2014

7:30 am-8:30 am  COCA-I Board Meetings *(Gallivan Boardroom)*
8:00 am-5:00 pm  Conference Registration/Information *(Registration Desk)*
8:00 am-8:45 am  Breakfast: Coffee Talk Roundtables *(Sponsored by KOA Care Camps - Capital Ballroom)*
8:45 am-9:45 am  Keynote: *Stellar Staff Training Games* - Steve Peck *(Capital Ballroom)*
10:00 am-11:00 am  BREAKOUT SESSIONS (4)
11:15 am-12:15 pm  BREAKOUT SESSIONS (5)
12:30 pm-2:00 pm  Lunch and *Presentation* - Jake Shannon *(Capital Ballroom)*
2:15 pm-3:15 pm  BREAKOUT SESSIONS (6)
3:30 pm-4:30 pm  BREAKOUT SESSIONS (7)
6:00 pm-8:30 pm  COCA-I Awards Banquet & Silent Auction *(Capital Ballroom)*
8:30 pm-11:00 pm  Dance the Night Away! *(DJ - Capital Ballroom)*
9:00 pm-11:00 pm  Hospitality Suite Open

Sunday, November 9, 2014

8:00 am-9:30 am  Conference Registration/Information *(Registration Desk)*
8:00 am-8:45 am  Breakfast *(Sponsored by Sanofi - Capital Ballroom)*
9:00 am-9:45 am  Keynote: *Pause and Rejoice: The Red Fred Project* - Dallas Graham *(Capital Ballroom)*
9:45 am-10:15 am  Closing Remarks and Introduction of 2014 Host Camp and Conference Site *(Olympus Ballroom)*
EXPANDED SCHEDULE

THURSDAY, NOVEMBER 6th

8:30 am - 4:00 pm
COCA-I Board Meetings
(Gallivan Boardroom)

2:00 pm - 6:30 pm
Conference Registration/Information
(Registration Desk)

2:00 pm - 6:30 pm
Exhibits (Vendors)
(Pre-Function Area)

4:30 pm - 6:00 pm
Director’s Forum
(Amethyst Ballroom)

6:30 pm - 7:00 pm
New Member/First Time Attendee Welcome Reception
(Olympus Ballroom)

7:00 pm - 9:00 pm
President’s Reception and “Laughing Stock” Comedy Performance
(Olympus Ballroom - Description on Next Page)

9:00 pm - 11:00 pm
Hospitality Suite Open
Join us tonight at the President’s Reception for a warm COCA-I welcome and a whole lot of laughter, courtesy of the Laughing Stock Improv Comedy Troupe!
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am-8:30 am</td>
<td>COCA-I Board Meetings</td>
<td>(Gallivan Boardroom)</td>
</tr>
<tr>
<td>7:45 am-5:00 pm</td>
<td>Conference Registration/Information</td>
<td>(Registration Desk)</td>
</tr>
<tr>
<td>8:00 am-8:45 am</td>
<td>Breakfast</td>
<td>(Capital Ballroom)</td>
</tr>
<tr>
<td>8:45 am-9:45 am</td>
<td>Keynote: <em>Kids These Days</em> - Kurt Podeszwa</td>
<td>(Capital Ballroom)</td>
</tr>
</tbody>
</table>

**Keynote: *Kids These Days* - Kurt Podeszwa**

Camp Is The Place for independence, discovery, self-confidence and leadership, and it also does great things for our campers.

Kurt will focus on the multi-generational workforce and how that benefits us.
### FRIDAY, NOVEMBER 7th

**10:00 am-11:00 am**

<table>
<thead>
<tr>
<th>Breakout Sessions (1)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>The Leadership Challenge: Increasing Our Effectiveness While Teaching Our Staff to be Leaders</td>
<td>Kurt Podeszwa Capital Ballroom</td>
</tr>
<tr>
<td>Transitioning from Staff Driven Special Event Fundraising to Volunteer Driven Event Fundraising</td>
<td>Hattie Johnson Olympus A</td>
</tr>
<tr>
<td>Camp Brain: Learn about the Web-based Version and our new Medical Module</td>
<td>Jeff Bowman Olympus B</td>
</tr>
<tr>
<td>Medical Roundtable Discussion</td>
<td>Richard Brown Amethyst 1</td>
</tr>
<tr>
<td>Special and Important Brothers and Sisters</td>
<td>Hanna Malak &amp; Katie Mahon Amethyst 2</td>
</tr>
</tbody>
</table>

* - detailed session descriptions and speaker bios begin on p. 16

**11:15 am-12:15 pm**

<table>
<thead>
<tr>
<th>Breakout Sessions (2)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>The Social Media Revolution: Do we really want it?</td>
<td>Kurt Podeszwa Capital Ballroom</td>
</tr>
<tr>
<td>TWIST-N</td>
<td>Joey Cavazos Olympus A</td>
</tr>
<tr>
<td>It’s a Real ZOO!</td>
<td>Mary Ellen McKnight Olympus B</td>
</tr>
<tr>
<td>Theme Building</td>
<td>Matthew Ruttler Amethyst 1</td>
</tr>
<tr>
<td>Advancing a Quality of Life Agenda: American Cancer Society Childhood Cancer Activities Update</td>
<td>Rebecca Kirsch Amethyst 2</td>
</tr>
<tr>
<td>Executive Director Coffee Klatsch: “Discuss”</td>
<td>Mark Slocum Sundance</td>
</tr>
</tbody>
</table>

* - detailed session descriptions and speaker bios begin on p. 16
12:30 pm-1:45 pm

Box Lunches & Regional Meetings

| Region 1 - (CT, ME, MA, NH, NY, RI, VT) | Rich Brundige - Capital Ballroom |
| Region 2 - (DE, MD, NJ, PA, VA, DC, WV) | Matthew Ruttler - Olympus A |
| Region 3 - (IL, IN, IA, KY, MI, MN, MO, OH, WI) | Shelby Dehner - Sundance |
| Region 4 - (AL, FL, GA, MS, NC, SC, TN) | Amy Moosbrugger - Amethyst 2 |
| Region 5 - (AR, LA, OK, TX) | Joey Cavazos - Capital Ballroom |
| Region 6 - (AK, AZ, CA, CO, HI, NM, NV, UT) | Kristi Rico - Amethyst 1 |
| Region 7 - (ID, KS, MT, NE, ND, OR, SD, WA, WY) | Katie Parrott - Olympus B |
| Region 9 - (Canada) | Capital Ballroom |

2:30 pm - 3:00 pm

Keynote: Curing Adultitis: Your Prescription for Less Stress and More Fun - Jason Kotecki (Capital Ballroom)

Stressed? Busy? Overwhelmed? If you’ve ever wanted to resign from adulthood, you may be struggling with a case of Adultitis. Make your escape! Our passion and energy levels are regularly depleted by Adultitis and the burden of increased regulations and the need to do more with less. We may not be able to be six again, but Jason shares how recapturing wisdom from childhood can help us to reignite our passion, turn stress into laughter, and get more done while having more fun. Jason provides witty observations, humorous anecdotes and real-world techniques that will entertain and inspire the audience to live a richer, more balanced life.
## Expanded Schedule

### Friday, November 7th

**3:15 pm-4:15 pm**

**Breakout Sessions (3)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:15 pm</td>
<td>Balancing Act: Overcoming Adultitis Amidst the Stress of Everyday</td>
<td>Jason Kotecki</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Capital Ballroom</td>
</tr>
<tr>
<td></td>
<td>COCA-I Research</td>
<td>Dr. Mike Amylon</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Olympus A</td>
</tr>
<tr>
<td></td>
<td>To Rebrand or Not to Rebrand?</td>
<td>Shelby Dehner &amp; Jon</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Dubins</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Olympus B</td>
</tr>
<tr>
<td></td>
<td>Importance of hosting a MOM's Retreat and DAD's Work Weekend</td>
<td>Ann Walsh, Tyler Olsen,</td>
</tr>
<tr>
<td></td>
<td></td>
<td>&amp; Kail Yeaton</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Amethyst 1</td>
</tr>
<tr>
<td></td>
<td>Let's Talk Poop!..and Germs!..and Other Things!</td>
<td>Carole Loving, Jackie</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Bradford, &amp; Joy Ghetia</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Amethyst 2</td>
</tr>
<tr>
<td></td>
<td>Medical Management by CampSite: Electronic Medical Records, Health Center Visit Logging,</td>
<td>Steve Schwartz</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medication Delivery and More!</td>
</tr>
</tbody>
</table>

**4:30 pm-5:30 pm**

**Choose One!**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:30 pm</td>
<td>Annual Meeting <em>(At least 1 Voting Delegate from each Member Camp should attend)</em></td>
<td>Capital Ballroom</td>
</tr>
<tr>
<td></td>
<td>Best of Show Video Screening <em>(For those not attending the Annual Meeting)</em></td>
<td>Olympus A</td>
</tr>
</tbody>
</table>

**7:00 pm - …**

Evening “Out on the Town”

**9:00 pm-11:00 pm**

Hospitality Suite Open
EXPANDED SCHEDULE
SATURDAY, NOVEMBER 8th

7:30 am-8:30 am
COCA-I Board Meetings
(Gallivan Boardroom)

8:00 am-5:00 pm
Conference Registration/Information
(Registration Desk)

8:00 am-8:45 am
Breakfast Roundtable Discussions
(Capital Ballroom)

8:45 am - 9:45 am
Keynote: Stellar Staff Training Games - Steve Peck
(Capital Ballroom)

Infusing games into staff training creates a memorable, enjoyable and educational atmosphere. Join us for an entertaining hour of learning and playing. Be prepared to tweak your training program to include a variety of energizing and enlightening games!
## EXPANDED SCHEDULE

### SATURDAY, NOVEMBER 8th

### 10:00 am - 11:00 am

<table>
<thead>
<tr>
<th>Breakout Sessions (4)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Camp's Over… Now What?!??</td>
<td>Leah McComb</td>
</tr>
<tr>
<td></td>
<td>Capital Ballroom</td>
</tr>
<tr>
<td>Team Building Games</td>
<td>Steve Peck</td>
</tr>
<tr>
<td></td>
<td>Olympus A</td>
</tr>
<tr>
<td>Maximizing your fund raising potential</td>
<td>Mark Slocum</td>
</tr>
<tr>
<td></td>
<td>Olympus B</td>
</tr>
<tr>
<td>Medical Technology at Camp</td>
<td>Colleen Austin</td>
</tr>
<tr>
<td></td>
<td>Amethyst 1</td>
</tr>
<tr>
<td>How can we train our dragons in 24 hours?</td>
<td>Channon Timm</td>
</tr>
<tr>
<td></td>
<td>Amethyst 2</td>
</tr>
<tr>
<td>Sticks and Stones May Break My Bones - But My Words Have SUPER POWERS!</td>
<td>Dr. Brandon Briery</td>
</tr>
<tr>
<td></td>
<td>Sundance</td>
</tr>
</tbody>
</table>

### 11:15 am - 12:15 am

<table>
<thead>
<tr>
<th>Breakout Sessions (5)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Connecting with Campers</td>
<td>Steve Peck</td>
</tr>
<tr>
<td></td>
<td>Olympus A</td>
</tr>
<tr>
<td>Tips to create a Great Board</td>
<td>Mark Slocum</td>
</tr>
<tr>
<td></td>
<td>Olympus B</td>
</tr>
<tr>
<td>Fundraising Made FUN</td>
<td>Allen Brockman</td>
</tr>
<tr>
<td></td>
<td>Amethyst 1</td>
</tr>
<tr>
<td>Social Skills Training at Camp</td>
<td>Meredith Daviess &amp; Shirley Hummer</td>
</tr>
<tr>
<td></td>
<td>Amethyst 2</td>
</tr>
<tr>
<td>Like Pennies In A Fountain</td>
<td>Rich Brundige</td>
</tr>
<tr>
<td></td>
<td>Sundance</td>
</tr>
</tbody>
</table>
## EXPANDED SCHEDULE

**SATURDAY, NOVEMBER 8th**

### 12:30 pm - 2:00 pm

**Lunch and Hypnotist Presentation - Jake Shannon**  
*(Capital Ballroom)*

### 2:15 pm - 3:15 pm

**Breakout Sessions (6)**

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter(s)</th>
<th>Room(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Team Building and Energizer Activities: Maybe Not New But Hopefully Different</td>
<td>Joey Cavazos</td>
<td>Olympus A</td>
</tr>
<tr>
<td>From the Ground Up: Camp Smile-A-Mile's Story of Our Hospital Outreach Program</td>
<td>Kellie Reece &amp; Madison</td>
<td>Olympus B</td>
</tr>
<tr>
<td>Camper to Counselor-Bridge the Gap with your CIT/LIT Program</td>
<td>Ron Hansen</td>
<td>Amethyst 1</td>
</tr>
<tr>
<td>Fundraising Events - A Sample from 3 Camps</td>
<td>Savannah Lanier, Fiona Fisher, Shelby Dehner, &amp; Bruce Hooper</td>
<td>Amethyst 2</td>
</tr>
<tr>
<td>Get to Know COCA-I: Questions You Might Have About Membership or Serving on Our Board</td>
<td>Dave Smith, Ryan Boles, &amp; Don Golden</td>
<td>Sundance</td>
</tr>
</tbody>
</table>
### Expanded Schedule

#### Saturday, November 8th

**3:30 pm - 4:30 pm**

<table>
<thead>
<tr>
<th>Breakout Sessions (7)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Monkey Hunt</td>
<td>Monica King &amp; Chloe Forker</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>The Media: Friend or Foe?</td>
<td>Dave Smith &amp; Robin Cardillo</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Lasting Impression: A Teen Support Program</td>
<td>Julian Ruffin &amp; Cassandra “Cassy” Shea</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Conference - What do you want to see in 2015?</td>
<td>Marci Shea-Perry, Fiona Fisher, &amp; Tam Tran</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Adapting on the Fly: What to do When a Camper Shows Up with a Special Need Other Than Cancer</td>
<td>Ben Elble &amp; Dr. Brandon Briery</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**6:30 pm-8:30 pm**

**COCA-I Annual Awards Banquet & Silent Auction**

(Gallivan Boardroom)

**9:00 pm-11:00 pm**

**Hospitality Suite Open**
EXPANDED SCHEDULE

SUNDAY, NOVEMBER 9th

8:00 am - 8:45 am
Breakfast
*Sponsored by*

SANOFI

*(Capital Ballroom)*

9:00 am - 9:45 am
Pause and Rejoice.

*Red Fred Project*

50 BOOKS. 50 CHILDREN. 50 STATES.

Dallas Graham

*(Capital Ballroom)*

9:45 am - 10:15 am
Closing Announcements and
Introduction of 2015 Host Camp
COCA-I President Ryan Boles & Camp Millennium

Make plans to join us at the
Crowne Plaza Fallsview, Niagara Falls
November 5-8, 2015
COCA-I Offers a Heartfelt Thanks to All the Wonderful Sponsors and Exhibitors Who Made This Conference Possible:

Aaron Davies  
American Camp Association  
Bare Books  
Best Buds Cookies  
City Creek Center  
DōTerra  
FritoLay  
Kristal Company

Laughing Stock  
Moon Pies  
Salt Lake/Ski City USA  
Salt Palace Convention Center (Gaylis Linville)  
Select Health  
Jake Shannon  
Visit Salt Lake  
Zions Bank

...And to the Following In-kind Donors Who Contributed Their Skills or Products to Help Make This Conference Possible:
Adapting on the Fly: What to do When a Camper Shows Up with a Special Need Other Than Cancer
Ben Elble & Brandon G. Briery, Ph.D. (Camp CAMP)

Sometimes campers arrive at camp with more surprises than what they’ve packed in their suitcases! For a variety of reasons parents do not always fully reveal the extent of a camper’s special needs on their application. This discussion will help prepare YOU to manage these situations skillfully and appropriately.

Key Objectives:
- Briefly identify some of the common additional special needs that may be seen in children with cancer
- Make recommendations to help camps prepare in advance for possible surprises
- Explore potential responses that camps may make when such surprises occur
- Identify additional resources that may be helpful

Advancing a Quality of Life Agenda: American Cancer Society Childhood Cancer Activities Update
Rebecca Kirch (American Cancer Society)

Cancer camps provide a powerful opportunity for improving the lives of children and their families. In the aftermath of ACS's withdrawal from camps support, we know there are plenty of questions (and probably concerns) about what the Society IS doing to support childhood cancer issues now. This interactive session will provide an update on the Society's childhood cancer activities in research, programs, and advocacy, highlighting how together with camps we can play from each others' areas of strength collaboratively to enhance quality of life for all children with cancer and their families.

Key Objectives:
- Improve understanding of ACS activities in childhood cancer
- Answer audience questions about our engagement
- Hear audience ideas/input for looking ahead.

Balancing Act: Overcoming Adultitis amidst the Stress of Everyday
Jason Kotecki (Keynote Speaker)

You were not designed to live a life that leaves you stressed out, worn down, and constantly running on empty. But in the crazy, fast-paced, technology-driven, always “on” world in which we live, there is more change, more choice, and more demands than ever before, pulling you in a million different directions.
Maintaining a mindful and meaningful level of life balance is HUGE. And messing it up can wreak havoc with your career, your health, and your relationships. In this session, Jason will share insights that get to the heart of the problem and simple ideas for designing a balanced life that is less stressful and more fun.

CampBrain: Learn about the Web-based Version and Our New Medical Module
Jeff Bowman (CampBrain Vendor Presentation)

CampBrain’s web-based version is now a year older! Come check out the enhancements to their popular camp management software including our brand new medical module! We’ll provide a demonstration of the new version, discuss transition items related to current customers, and open the floor to questions. Everyone welcome, whether you use CampBrain or not.

Key Objective:
To provide an in-depth look at our camper management tool both from a registrant and administrative perspective.

Camper to Counselor: Bridge the Gap with Your CIT/LIT Program
Ron Hansen (Camp Hobe)

Help CIT/LIT's leave behind their years as campers and put them on the road to being great Counselors. Bring your questions and your answers to share so we can all improve our programs for our most valuable staff.

Camp's Over.....Now What?!?!
Leah McComb (Kids Cancer Alliance)

Come join in as we discuss what to do when camp is over. We'll talk about programming opportunities beyond the summer camp season. These types of programs can help boost camp attendance, engage more families, improve outcomes, and encourage additional volunteers to get involved with your organization. Let's make sure the spirit of summer camp lasts all year long!

Key Objectives:
Discuss what organizations are currently doing after camp
Share additional programming ideas
Discuss how additional programming can enhance your current offerings
Create a plan for an additional program you can start when you get back home
COCA-I Research
Dr. Mike Amylon (Camp Okizu)

A summary of the COCA-I research study from summer 2012 will be presented, along with the highlights from the manuscript which has been submitted for publication. Time will be left for discussion of next steps, with solicitation of ideas for future studies which will be of interest and of benefit to the COCA-I community of camping programs.

Key Objectives:
Understand the highlights of the multi-camp study undertaken in summer of 2012
Understand the value of collaborative research studies to the COCA-I member camps
Learn some practical uses of the research results which will be helpful to member camps right now

Conference - What do you want to see in 2015?
Marci Shea-Perry, Fiona Fisher, & Tam Tran (Camp Trillium)

Key Objectives:
Discuss with members what they would like to see in next year's conferences or in future conferences
Look at things they have enjoyed about conference and brainstorm ideas for future conferences (including speakers, breakouts and social activities).

Connecting with Campers
Steve Peck (Keynote Speaker)

Campers are the most important commodity in the camp world. As counselors and staffers, we have the opportunity to connect with each and every camper. As we bond and involve more of our campers, our camp community will thrive. Connect with us for an hour to learn techniques, tricks of the trade, and gimmicks that will unite our campers.

Executive Director Coffee Klatsch: “Discuss”
Mark Slocum (Camp Heart Connection)

Fundraising stressing you out? Board of Directors just doesn’t get it? Employees going to be the death of you?????? Let’s spend an hour exploring those questions and whatever other concerns keep you up at night.

Key Objective:
This session is meant to be a catalyst for discussion and an opportunity to meet others with similar concerns whom you can connect with throughout the conference and during the next year. Bring your business cards and questions.
From the Ground Up: Camp Smile-A-Mile's Story of Our Hospital Outreach Program
Kellie A. Reece & Madison K. Monday (Camp Smile-A-Mile)

Everyone loves and can relate to a great camp story. During this presentation, we will share our story of how Camp Smile-A-Mile’s Hospital Outreach Program (HOP) started and has evolved into what it is today in such a short time. We will also help participants to begin thinking about their own stories of how they can bridge the gap between camp and the hospital.

Key Objective:
Participants will be able to take away specific hospital-friendly activities and ideas to begin their own hospital outreach, no matter how big or small the camp.

Fundraising Events - A Sample from Three Camps
Savannah Lanier (Camp Smile-A-Mile), Fiona Fisher (Camp Trillium), Shelby Dehner (Kids Cancer Alliance)

This presentation will tell about three unique and successful fundraising events that COCA-I camps host each year to raise funds for their programming. The presenters will share information on: - How these events are organized - Why these events are successful - Community Involvement - Funds Raised

Key Objectives:
Generate fundraising ideas that attendees can implement at their camps
Attendees will gain a better understanding of different types of fundraising events

Fundraising Made FUN
Allen Brockman (Camp Rainbow Foundation)

Updated presentation on how camps finance and use volunteers to support camp...from grants, camp fundraisers, 3rd party fundraisers, in-kind donations, etc. Promote ‘thinking outside of the box' to increase community awareness of camp financial and volunteer needs. Engage with your donors and build long-term partner relationships.

Key Objectives:
Create fundraising opportunities
To reduce camp costs
To increase volunteer base
To build long-term relationships with donors
To increase community awareness
To have fun with your FUNdraisers.
Get to Know COCA-I: Questions You Might Have About Membership or Serving on Our Board
Dave Smith (Camp Fantastic/Special Love), Ryan Boles (Camp Millennium), and Don Golden (COCA-I Operations Manager)

What is COCA-I? Is it a shadow agency, buried in the mountains of Nevada? Is it a secret society with its own funky handshake? Find out who really runs the show, what's in it for you, the member, and how you can get more involved and help us serve more kids with cancer. Decoder rings not included...

How Can We Train Our Dragons in 24 Hours?
Channon Timm (Camp Heart Connection)

For those of us who have short training periods prior to campers arriving at camp, we have to maximize the time we have to cover all the training requirements that are in place so that everyone has a safe and fun week. Please bring your training ideas, materials, manuals, and anything you use to train your staff to share with the group. This will be an interactive and lively discussion to better prepare us all to train our dragons.

Key Objective:
Attendees will be asked to share their training models. In return attendees should leave with some great ideas to take back to their own camp.

Importance of Hosting a MOM's Retreat and DAD's Work Weekend
Ann Walsh, Tyler Olsen, & Kail Yeaton (Camp Magical Moments, Cancer Camp for Kids)

If your camp has not offered a MOM's Retreat, we will show you how easy it is to organize. CMM has discovered that it is one of the most important and powerful camps that we provide. We are also hosting our first ever DAD's Work Weekend and we would like to share the outcome of our dads getting together to work for a cause!

Key Objective:
To share with other camps paperwork and ideas of how to organize a separate retreat for both the moms and dads.

It's a real ZOO!
Mary Ellen McKnight (Kay’s Camp)

The medical facility at Kay's Kamp is lovingly called the ZOO. Our medical program allows for a nurse to accompany each cabin each day. This presentation will cover how we
get volunteers; physicians, nurses, pharmacist. How we keep our volunteers, handle malpractice insurance and keep growing as a medical team.

Key Objectives:
- Strategies to obtain volunteer medical staff
- Creative ways to schedule medical staff
- Describe path to attain medical equipment, supplies and malpractice insurance from local hospitals
- Explain retention efforts.

### Lasting Impressions: A Teen Support Program
Cassandra Shea & Julian Ruffin (Camp KEMO)

Will present information on developing a teen support program including membership criteria, rules, and funding issues. Will also share information on various components of our program such as fun, support, service to others, newsletters, Memory Books, graduation, reunion events, and challenges of providing such a program.

Key Objectives:
- Educate on the importance and value of teen programming
- Identify challenges of programming outside of a camp setting

### The Leadership Challenge: Increasing Our Effectiveness While Teaching Our Staff to be Leaders
Kurt Podeszwa (Keynote Speaker)

Whether you are leading campers, or leading staff, Camp Is The Place to learn leadership. This session will explore leadership concepts and give concrete activities to take back and use with your staff.

### Let's Talk Poop!...and Germs!...and Other Things!
Carole Loving, Jackie Bradford, & Joy Ghetia (doTerra)

**dōTERRA Essential Oil Products**

Join us for an introduction on how to incorporate essential oils in your camp environment! Let us share ideas on how to use natural, safe, and cost-effective oils in your medical facility. Oils can address issues such as constipation, diarrhea, bug bites, burns, and homesickness/sadness! Certain oils are effective in protecting against environmental threats and can be used to sterilize your medical facility! Let us show you how to start incorporating “nature’s first medicine” in YOUR camp environment.
SESSION DESCRIPTIONS (continued)

Have you heard the buzz about essential oils? About dōTERRA?

We are an essential oil company committed to sharing the life-enhancing benefits of therapeutic grade essential oils with the world and we are excited for the opportunity to share this information with you. **Come to our Friday breakout session, “Let’s Talk Poop!...Germs!...and Other Things!”**, to learn how dōTERRA essential oils are safely and powerfully improving the health and well-being of people around the globe. **Stop by our booth in the vendors’ area to chat and sample our products and to learn how YOUR camp kids and volunteers can benefit from them.**

**dōTERRA’S CPTG™ Certified Pure Therapeutic Grade Essential Oils are produced at the highest standard** of quality, purity, and safety. Our products are not only naturally safe, but extremely beneficial for a wide range of physical and emotional issues—they are calming, soothing, cleansing, and purifying and promote healthy digestion, clear breathing, healthy immune support, etc.

**dōTERRA Essential Oils...created by nature, backed by science!** Talk to us about using them at YOUR camp...in the bunk house, in the dining room, on excursions, in your medical facility...the perfect, natural, powerful, and safe approach for the many issues that can arise at camp!

Key Objective:

Introduce camp medical staff, directors, and volunteers to a natural and very effective way of addressing common camp health issues as well as keeping environmental threats under control in the medical facility—all with natural, safe, simple to use, essential oils.

---

**Like Pennies in a Fountain**
Rich Brundige (CKAKC, Camp Takumta, Sunrise Day Camp, Camp Can-Do)

Camp traditions are a part of our camp culture. In this session we'll examine why we do certain things at camp before evaluating if it is what we want our camp to be about and our campers/staff to learn.

Key Objectives:

- Defining our camps’ Traditions and Culture
- Identifying the impact these have on our staff and campers
- Evaluating if it is something we want to continue
- Sharing ideas that work
Maximizing Your Fundraising Potential
Mark Slocum (Camp Heart Connection)

Do you strategically look at your organization's fundraising? Are your decisions based on all the facts or is your fund raising costing you more than it should? What is your fundraising mix? Are you in balance or are you one event or funder away from disaster?

Key Objectives:
- Discuss strategies for a solid mix of funding sources
- Review tools to test the effectiveness of your events

The Media: Friend or Foe?
Dave Smith and Robin Cardillo (Special Love/Camp Fantastic)

What's so bad about publicity? What's so good about it? Do the benefits of media coverage outweigh the potential for disruption to the camp schedule? Come voice your opinion and hear from camp veterans on both sides of the media fence. Let the civil discourse ensue!

Key Objectives:
- Participants will hear some of the pros and cons of media visits to camp
- Participants will learn how to protect themselves legally
- Participants will learn how to set guidelines to minimize disruption

Medical Management by CampSite: Electronic Medical Records, Health Center Visit Logging, Medication Delivery and More!
Steve Schwartz (Exhibitor/Sponsor)

The most comprehensive Medical Management Suite available to camps, CampSite allows you to easily collect medical information through the Parent Dashboard, Log Health Center Visit, Track Medication Deliveries, Manage Allergies, Print Reports and much more! Developed over the course of 7 years in conjunction with top ranked pediatricians from NYU Hospitals, it's Electronic Medical Records meets Camp Health Center

Join us as we give you a tour of our Medical Management Suite, Enrollment Process, Parent Dashboard and everything else that CampSite has to offer. If you're looking for a full-service CRM to run every aspect of your camp, you won't want to miss this demo of CampSite!
Medical Roundtable Discussion
Richard Brown (Camp Smile-A-Mile)

An opportunity for participants to discuss concerns, issues, ideas, etc., regarding providing medical care at oncology camping programs. This will be an open-format, facilitated discussion.

Key Objectives:
- Identify common concerns and healthcare issues that face oncology camping programs
- Discuss ideas for providing medical care for campers, staff, and volunteers in a wide variety of oncology camping situations
- Describe a variety of staffing models used to provide medical care at oncology camping programs
- Recognize the important role that medical staff have in the overall goal of providing safe and effective oncology camping programs.

Medical Technology at Camp
Colleen Austin (Camp Sunshine)

Explore the feasibility of high tech treatments at camp, including staffing needs, impact on flow of program, and risk of treatment on camp's liability. Evaluate therapies including blood products, IV antibiotics, nutritional support (TPN; NG/GT feeds), chemotherapy administration, narcotics, service dogs, and Bi-Pap. If the technology is available at home should that translate to being possible at camp?

Key Objectives:
- Explore therapy being done at home
- Explore liability for camp programs
- Explore staffing qualifications
- Explore safe methods to provide care
- Explore impact on goals of camp

Monkey Hunt
Monica King & Chloe Forker

This year our camp participated in a camp-wide Monkey Hunt. The campers/cabins were divided into teams and the staff had roles that included heroes, bandits, and monkeys. The object of the game is to collect the necessary tokens from the monkeys. In order to do this, you have to complete their challenge. You also cannot get caught by a bandit or they will take your tokens. Only a hero can save you from the bandits. First team to collect all tokens, wins!
Key Objective:
To inform the group of a fun, camp wide game that involves every camper as well as staff.

The Social Media Revolution: Do we really want it?
Kurt Podeszwa (Keynote Speaker)

Camp Is The Place for social media? Yes, and no...This session will explore policies, behaviors, safety and effective utilization of the social web.

Social Skills Training at Camp
Meredith Daviess & Shirley Hummer (Camp Mak-A-Dream)

Camp Mak-A-Dream offers unique programs aimed at helping brain tumor survivors develop social skills to help them connect with others facing similar challenges. This interactive workshop will introduce you to new programming ideas to help your campers develop skills that can improve their lives beyond their week at Camp.

Special and Important Brothers and Sisters
Hanna Malak & Katie Mahon (Camp Okizu)

Recognizing that childhood cancer affects the entire family, Okizu started offering peer support and recreation programs for siblings of pediatric oncology patients in 1986. This presentation will include information about Okizu’s program as well as a discussion about the specific issues that siblings cope with and the importance of siblings programs.

Key Objectives:
See an example of a siblings camp program
Learn and discuss the specific issues that siblings of pediatric oncology patients cope with
Learn and discuss the importance of programs for siblings

Sticks and Stones May Break My Bones - But My Words Have SUPER POWERS!
Brandon G. Briery, Ph.D. (Camp CAMP)

The words we use say a lot. That may seem obvious, but there’s a lot of truth in that statement. And it’s not just the words, but also the context and feelings behind them. Choosing our words wisely helps us build the kind of camp culture we aspire to create.
Key Objectives:
- Participants will learn to reflect on the power of the words we use to either build or destroy camp culture.
- Participants will learn how to use language that communicates respect and protects dignity of all who are part of the camp community.
- Participants will receive tools they can use to teach these concepts in their own staff trainings.

Team Building and Energizer Activities: Maybe Not New But Hopefully Different
Joey Cavazos (Camp Discovery) & Rich Brundige (Camp Takumta, Sunrise Day Camp, Camp Can-Do, CKAKC)

We will facilitate and demonstrate activities requiring minimal and inexpensive props. These activities have been around for some time, but we have changed them up to be more geared towards our population.

Key Objective:
- To learn new ways of facilitating old activities so that any and all can participate.

Team Building Games
Steve Peck (Keynote Speaker)

Cooperative games promote fun, harmony and can lead to more efficient and productive teams. This collection of games and mixers is designed to connect campers across diverse backgrounds, promote communication and enhance the camp community. Variations of these games are appropriate for teammates of all ages.

Theme Building
Matthew Ruttler (The Valerie Fund's Camp Happy Times)

This is more than a camp theme swap! We will look at specific themes and how to create programming around the theme. We will start at a catch phrase and work our way through daily and nightly activities for all age groups and ability levels. The workshop is very interactive and will depend greatly on camp folks bringing their tried and true themes and programming.

Key Objectives:
- Explore an interactive approach to theme building.
- Walk away with a framework for how to build solid programs and activities around a central theme.
**Tips to Create a Great Board**  
Mark Slocum (Camp Heart Connection)

The Board of Directors can be the wind in your organization’s sail or they can be a wind sucker. In this hour long session we will discuss strategies for filling the sail and creating a Great Board.

Key Objectives:
- Discuss the growth stages of a board and identify where your organization is in its life cycle
- Identify the differences between the roles of boards and staff (where the lines are drawn)
- Review tools for effective meetings, effective member recruitment, and effective governance

---

**To Rebrand or Not to Rebrand?**  
Shelby Dehner and Jon Dubins (Kids Cancer Alliance/Indian Summer Camp)

Is your camp's name confusing? When the public sees your logo or hears your name do they know what you do? Or could you be missing out on valuable funding and name recognition? Hear from one camp who underwent a complete rebrand and learn about their experience.

Key Objectives:
- Camps will have a better understanding of the pros and cons of rebranding
- Camps will have a better understanding of what is involved in the rebranding process
- Camps will have a base of knowledge to decide if a rebrand of their organization is right for them.

---

**Transitioning from Staff Driven Special Event Fundraising to Volunteer Driven Event Fundraising**  
Hattie Johnson (Camp Ta-Kum-Ta)

This session will recount the success Camp Ta-Kum-Ta has experienced with volunteer managed events (dinners, 5k runs, golf tournaments, car shows, bingo events and many more). We will share the approaches used in these events to engage the community and how we work to retain them over multiple years. Some approaches were more successful than others; we will explore why that was and so provide participants the benefits of our lessons learned. The tools we used within our events will be disclosed, with suggestions as to how they can be enhanced. We will also discuss how staff members were transitioned from a management role to more of a director role as related to their volunteer projects,
what elements of the projects were retained by staff, which were released to volunteers, and the risks associated with each.

Key Objective:
Participants will be offered the opportunity to learn from our successes and challenges with regards to delegation of responsibilities for fundraising events to volunteers.

TWIST-N
Joey Cavazos, (Camp Discovery)

This workshop will explore perspectives on how we view life and how that can change based on our experiences. We will focus on how to adapt to change instead of resisting it simply because “that’s the way we’ve always done things.” Basically, it is a “learn from somebody else’s mistakes before you make them yourself” session. During this hour there will be open discussion and a chance to get to know other people in the group.

Key Objectives:
- To learn how to adapt to changes by adjusting your belief system when challenging experiences take place
- To learn more about others who are dedicated to the work of children's oncology camping and take away some new thoughts
- To have fun

Keynote Presentations

Curing Adultitis: Your Prescription for Less Stress and More Fun
Jason Kotecki

Stressed? Busy? Overwhelmed? If you’ve ever wanted to resign from adulthood, you may be struggling with a case of Adultitis. Make your escape! Our passion and energy levels are regularly depleted by Adultitis and the burden of increased regulations and the need to do more with less. We may not be able to be six again, but Jason shares how recapturing wisdom from childhood can help us to reignite our passion, turn stress into laughter, and get more done while having more fun. Jason provides witty observations, humorous anecdotes and real-world techniques that will entertain and inspire the audience to live a richer, more balanced life.

He will discuss material from his books, *Escape Adulthood: 8 Secrets from Childhood for the Stressed-Out Grown-Up*, *The Escape Plan: A 40-Day Plan to Annihilate the Adultitis in Your Life*, and *There’s An Adult In My Soup*. 
This will be a high-energy program jam-packed with relevant and practical information coated in humor and fun. Attendees will leave affirmed, refreshed and filled with passion and inspiration for their VERY important work.

Many stress management and productivity speakers focus on treating symptoms. Jason’s approach is unique because he skillfully empowers his audiences to fundamentally shift their perspective and focus on the bigger picture. This helps foster real, permanent change in order to avoid burnout in the short and long term. The truth is that most of our stress comes from the details of life. But when you have a broader understanding of and sense of control over the wider “Story” you are living (improving the lives of children, helping their “stories” to be even better), most stress melts away and the bigger challenges become more manageable.

**Kids These Days: Empowering the Younger Generation to Take Our Programs to the Next Level**
Kurt Podeszwa

Camp Is The Place for independence, discovery, self-confidence and leadership, and it also does great things for our campers. Kurt will focus on the multi-generational workforce and how that benefits us.

**Stellar Staff Training Games**
Steve Peck

Infusing games into staff training creates a memorable, enjoyable and educational atmosphere. Join us for an entertaining hour of learning and playing. Be prepared to tweak your training program to include a variety of energizing and enlightening games!

**The Red Fred Project**
Dallas Graham

Dallas Graham is a graphic designer and the creator of “The Red Fred Project,” which uses The Jolly Troop, a flock of “comma-inspired” birds, to tell original stories written by children with serious illnesses from across the U.S. Dallas will also share his personal philosophy, “Pause & Rejoice,” or as he puts it, “&!” He lives in Salt Lake City.
**SPEAKER BIOS (Alphabetical)**

**Colleen Austin** is an Oncology PNP working inpatient service; 32 years of oncology experience; attended camp as part of medical staff x 30 years. [colleen.austin@choa.org](mailto:colleen.austin@choa.org)

"**Dr. Mike" Amylon** is Professor (Emeritus) of Pediatrics, Hematology/Oncology/Stem Cell Transplantation at Stanford University School of Medicine and Lucile Packard Children's Hospital Stanford, as well as Medical Director for Okizu, serving families affected by childhood cancer. He has a long-standing interest in the psychosocial impact of life-threatening and chronic illness on all family members, and on peer support and the camp community as healing interventions which help people cope with the psychological and emotional trauma associated with childhood illness. [drlmike@okizu.org](mailto:drlmike@okizu.org)

**Jeff Bowman** is in his 5th year with CampBrain. Jeff worked for 10 years at Camp Robin Hood in Toronto prior to joining the team at CampBrain. Jeff has worn a number of different hats at CampBrain - starting in tech-support, working in online registration, providing training and now working in a sales role. [jeff@campbrain.com](mailto:jeff@campbrain.com)

**Jackie Bradford** has over 30 years in the hotel and hospitality industry, and is now a proponent of natural health and wellness; AromaTouch Technique Certified; Wellness Advocate.

**Dr. Brandon G. Briery** is a Clinical Child and Pediatric Psychologist by education and training, and a camping professional by choice. He has published research on the benefits of camps for children with special needs and has spoken at national and international camping and psychology conferences. He has been involved in camps for children with cancer and other special needs since 1992, and has been employed by Camp CAMP (Children's Association for Maximum Potential) since 2007, serving first as Camp Director, and currently as Executive Camp Director. [brandon.briery@campcamp.org](mailto:brandon.briery@campcamp.org)

**Allen Brockman** is a Member at Large on the COCA-I Board of Directors, and has been working with children with cancer and blood-related diseases since 1982. He started as a volunteer with the St. Louis Metro Dream Factory, an organization that fulfills dreams for seriously ill children. He served as the Chairman of the Dream Factory for 3 years. While visiting cancer patients in the hospital, he realized that there were no camps in Missouri or southern Illinois that would take children with cancer or other blood-related diseases. In 1988, he and his wife Ronnie, changed that as they started Camp Rainbow. The Camp Rainbow Foundation currently provides 5 camping programs...summer overnight camp, summer day camp, teen camp, family camp and Camp In at the 3 St. Louis children’s hospitals. Allen is currently the President Emeritus of the Camp Rainbow Foundation. Allen is also a founding board member and past President of Friends of Kids with Cancer, an organization that provides educational, emotional, and recreational programs for children with cancer. Allen holds a Bachelor’s of Science degree in Banking and Finance. He has over 40 years of sales and marketing experience, including over 20 years serving as Vice President of Sales and / or Marketing. Allen has extensive strategic planning and branding experience. [allen@camprainbow.com](mailto:allen@camprainbow.com)
Richard Brown, MSN, CRNP, JD, FAANP is a pediatric nurse practitioner at Children's of Alabama. He is Program Coordinator for the Pediatric Bone Marrow Transplant Program. His clinical practice is in Pediatric Hematology-Oncology, Neuro-Oncology, and Bone Marrow Transplant. He is certified as both a Pediatric Acute Care Nurse Practitioner and a Pediatric Primary Care Nurse Practitioner. He is also a licensed attorney. His research interests include quality improvement, survivorship issues following pediatric cancer treatment and BMT, palliative care, ethics, healthcare law, pediatric critical care, bone marrow transplantation, quality of life and self-esteem in chronic childhood illness. He serves as the Medical Director for Camp Smile-A-Mile. Richard lives in Mountain Brook, Alabama. He is married to Katherine and has two daughters, Leslie Allen (17 yrs) and Candler (14 yrs), and a son, Ben (4 yrs). His hobbies include canoeing, kayaking, running, hiking, skiing, and anything outdoors. Richard just celebrated his 24th year with Camp Smile-A-Mile. He wouldn't be who he is today if it weren't for his rich experiences with Camp Smile-A-Mile and oncology camping. rivanbrown@childrensal.org

Rich Brundige has been going to camp since his days as a Boy Scout. He starting working at camp as a CIT with the YMCA. Rich started his oncology camping experience as a volunteer in 1997 and considers himself blessed to have been a part of COCA-I camps in 5 of the 9 regions. Outside of camp, Rich is an outdoor/nature educator, team-building facilitator, Earth Balloon presenter and finds it funny that he wrote all this about himself in third person. richbrundige@gmail.com

Robin Cardillo is the Director of Development at Special Love and has more than 20 years experience in marketing and public relations. However, the real expertise in the room will come from the vast experience of the participants!

Joey Cavazos is the Executive Director of VisionWorks, Inc. and the co-director of Camp Discovery based out of San Antonio, TX. He has been involved with Camp Discovery since its inception 31 years ago. He is retired law enforcement after 25 years and while his career was a successful one, his volunteer involvement with Camp Discovery was always more important. jcavazos33@satx.rr.com

Meredith Daviess has been with Camp Mak-A-Dream for six years. As the Program Director, she oversees the staff, volunteers, and the day-to-day happenings at Camp. meredith@campdream.org

Shelby Dehner is the Executive Director of Kids Cancer Alliance, Inc. Shelby began working with children with cancer as a student at the University of Kentucky. She was the first Family Relations Chair the inaugural year of DanceBlue. After graduating with her Master’s in Social Work from the University of Louisville, she was hired as the Senior Social Worker and Child Life Specialist at the U.K. Pediatric Oncology Clinic. In 2010, Kids Cancer Alliance brought Shelby on staff as their first, full-time Executive Director. She feels that helping children with cancer and their families,
spreading awareness, and improving quality of life is both a personal and professional mission. shelby@kidscanceralliance.org

Jon Dubins – Indian Summer Camp, Bio Unavailable.

Ben Elble has over 20 years of experience in special needs camping. His knowledge in a variety of special needs has taught him how to adapt for any situation. Ben has spoken at regional and national conferences on different aspects of working with campers with special needs, food service, and camp operations. He has been employed by Camp CAMP (Children's Association for Maximum Potential) since 2006, serving first as Associate Camp Director, and currently as Camp Director. ben.elble@campcamp.org

Fiona Fisher is Fundraising Director of Camp Trillium, Toronto, Ontario, Canada.

Chloe Forker - Camp No Worries - Bio Unavailable.

Joy Ghetia is a former business owner and teacher who witnessed the profound benefits of essential oils in the classroom, and is now a promoter of natural health options; AromaTouch Technique Certified; Wellness Advocate.

Ron Hansen - Camp Hobé - Bio Unavailable. captainron@camphobekids.org

Shirley Hummer has been with Camp Mak-A-Dream for twenty years. She is the Health Care Manager and is in charge of Camper Life, as well as all things medical.

Hattie Johnson is currently Director of Development for Camp Ta-Kum-Ta in South Hero, VT. Camp Ta-Kum-Ta is a year-round camp for children with cancer. Hattie works with individuals, organizations, event organizers and civic groups to raise funds for camp programs and their capital campaign. Prior to Camp Ta-Kum-Ta Hattie was the Director of Development for the Make-A-Wish Foundation of Vermont and the Program Coordinator for fundraising and volunteers at the Ronald McDonald House of Burlington, VT. Hattie is a graduate of Saint Michael's College where she graduated with a Bachelor's Degree in Business & Psychology and later received a Masters of Science & Administration Degree in from Saint Michael’s College in May 2011. Hattie also holds a certificate in Nonprofit Management from Saint Michael’s College. Hattie is active in the Vermont community. Hattie currently sits on the Board of Directors for the Association of Fundraising Professionals of Northern New England and is a steering committee member for the Burlington Young Professionals. hattie@takumta.org
Rebecca Kirch is the American Cancer Society’s Director of Quality of Life & Survivorship. Based in Washington, DC, she provides strategic direction and coordination for the Society’s national agenda addressing quality care and quality of life issues for all adults and children facing cancer and its aftermath. Through research, programs, and advocacy, these initiatives include a suite of policies and practices that integrate palliative care for managing pain, symptoms and stress, psychosocial care for emotional support, impairment-driven rehabilitation for addressing disability, and enhancing person-centered and goal-directed clinical communication skills. Rebecca’s efforts were honored with the Center to Advance Palliative Care’s 2013 Innovation Award. Her achievements in the national pain policy arena were recognized earlier with the American Academy of Pain Management’s Legislative Policy and Advocacy Award. Marking her 14 year anniversary with the Society in June, Rebecca previously served on the senior leadership team of the American Cancer Society Cancer Action Network (ACS CAN), the Society’s advocacy affiliate, as Associate Director of Policy and earlier, as Deputy Director of its federal lobbying team. She has a law degree from Boston College Law School and an undergraduate degree in Biology from Wells College. rkirch@cancer.org

Savannah Lanier is Development Director of Camp Smile-A-Mile, Birmingham, Alabama. savannah.lanier@campsam.org

Carole Loving is a former COCA camp volunteer and business owner, and is now an avid natural health educator; AromaTouch Technique certified; Wellness Advocate. lovingdoterra@yahoo.com

Katie Mahon began her journey with Camp Okizu at the age of 12 as a SIBS camper and, since she was 16, has volunteered in a variety of roles at camp. In 2007, Katie graduated from UC Santa Barbara (Go Gauchos!) and after a backpacking trip around the world, was hired full-time at Okizu. Katie now serves as the Senior Executive Assistant in the office and as the Program Director at camp. She also heads Okizu’s program for bereaved teens and young adults. katie@okizu.org

Hanna Malak began his Camp Okizu journey at the age of six as a SIBS camper. Once he turned 18, he transitioned to a counselor and eventually a Unit Leader for both the younger and older boys age groups. Outside of summer camp, Hanna helps with Family Camp, fundraisers, and is Okizu's newest Board Member. In May of 2012, Hanna graduated from Menlo College with a BS in Business Management and in 2014 earned his M.B.A. from Notre Dame De Namur University in Belmont, California. Hanna currently works as an Account Manager for the American Red Cross Northern California Blood Region.
Mary Ellen McKnight, Kay's Kamp - Bio Unavailable. MemRnIm@aol.com

Madison K. Monday is a Certified Child Life Specialist with a Bachelor of Science degree from the University of Alabama. Madison joined the staff of Camp Smile-A-Mile in May of 2014 as the Assistant Program Director after volunteering and interning with the organization for four years. Madison assists in planning and implementing the seven camp sessions and is an integral part of the Hospital Outreach Program.

Tyler Olsen has been a long-time camp volunteer at Camp Magical Moments, Cancer Camp for Kids, in Swan Valley, ID, and along with Kail Yeaton has spearheaded the planning of the DAD's Work Weekend.

Kellie A. Reece has a Master of Science degree in Speech-Language Pathology from the University of Alabama. She joined the Camp SAM staff as Family Outreach Director in the spring of 2013. Prior to working full-time for Camp SAM, she a volunteer for over 15 years. Kellie is responsible for Camp SAM’s Hospital Outreach Program (HOP) at Children’s of Alabama. She also directs three camp sessions each year for families and siblings and coordinates one-day activities throughout the year. When she is not working she enjoys spending time with her husband, Todd and daughter, Ellie Grace. kellie.reece@campsam.org

Matthew Ruttler is the current Assistant Camp Director for The Valerie Fund's Camp Happy Times. He has been with CHT for 9 years, 4 as a counselor and 5 as the Assistant Camp Director. Matthew is also the Regional Representative to the COCA-I Board of Directors for Region 2 and has been a counselor for the past few years at both Camp No Worries and Kay's Kamp, both of Region 2. Prior to joining the Oncology Camping world, Matthew was a director for a youth diversity and leadership camp for 17 years. His primary role was program development and implementation. rattlerm@aol.com

Marci Shea-Perry is Executive Director of Camp Trillium and past president of COCA. marcisp@camptrillium.com

Mark Slocum is an old guy with lots of non-profit experience. He has grown Children's Cancer Connection from a one week camp program to a statewide multidimensional organization serving families affected by childhood cancer. He has served on a number of boards and has consulted with many organizations to strategically grow their footprint. mark@childrenscancerconnection.org
Dave Smith is the director of Camp Fantastic and CEO of Special Love, Inc., and serves as an advisor to several pediatric oncology organizations. dsmith@speciallove.org

Channon Timm has been Camp Director of Camp Heart Connection for 6 years. She has worked with children and their families affected by childhood cancer for 16 years in various roles at Children's Cancer Connection. Channon@ChildrensCancerConnection.org

Tam Tran is Assistant Director of Programs for Camp Trillium.

Ann Walsh is the camp founder and director of Camp Magical Moments, Cancer Camp for Kids, in Swan Valley, ID. This past June they celebrated its 10th year anniversary! awalsh@silverstar.com

Kail Yeaton has been a long-time camp volunteer at Camp Magical Moments, Cancer Camp for Kids, in Swan Valley, ID, and along with Tyler Olsen has spearheaded the planning of the DAD's Work Weekend.

Are you using the COCAI Conference App? If not, check it out!
https://guidebook.com/g/COCAI_Conference/
Hope for Hobé 5K Run/Walk – Saturday, 11/8 – Race begins at 9 am at Liberty Park (500 East 900 South, which is somewhat near the hotel)

This is actually a fundraiser for Camp Hobé, and is during some of the conference sessions, so everyone should use their own discretion on whether or not participating makes sense for them. $20 race fee + $2.50 signup fee. Link to Sign up: https://runsignup.com/Race/UT/SaltLakeCity/2014CampHobe5k.

Attractions to see in Salt Lake City:

**Abravanel Hall** - Home of the Utah Symphony & Opera and host to many other concerts. The excellent acoustics are praised by musical experts as among the finest of any modern concert hall. Olympic Tower, a Dale Chihuly sculpture commissioned by the Olympic Arts Festival and exhibited during the 2002 Cultural Olympiad, it’s on display in the lobby.
Area: Downtown - 123 West South Temple Salt Lake City, UT 84101
Phone: 801-355-2787

**Ballet West** - Repertoire includes the great full-length classical and contemporary ballets, as well as original works. Considered one of America's leading ballet companies.

**The Beehive House** - a National Historic Landmark and a monument to courageous people who conquered the desert. Built in 1854, this served as the official residence of Brigham Young when he was President of The Church of Jesus Christ of Latter-day Saints and Governor of the Utah Territory. Free tours daily.
Area: Downtown - 67 East South Temple Salt Lake City, UT 84111
Phone: (801) 240-2681
**Big Cottonwood Canyon** - To reach Big Cottonwood Canyon from Salt Lake City, take I-215 to the 6200 South "Canyons" exit and then continue east on U-152, following signs to Solitude and Brighton. This 15-mile scenic byway takes about one hour round trip. From the main road, this canyon narrows almost immediately into dramatic alpine scenery. This 15-mile drive provides access to excellent hiking, fishing, picnicking, rock climbing, and camping. During the mid-1800s, Old West miners sought their fortune in gold and silver ore here. Remnants of old mines can be spotted from trails winding up the slopes. Located in the Uintah-Wasatch-Cache National Forest, Big Cottonwood Canyon is home to Solitude and Brighton ski resorts. Both have full-service, year-round facilities. From Brighton there are several easy trails leading to various lakes, including Twin Lakes, Lake Mary, Lake Martha, and Dog Lake. The canyon is a protected watershed area and no dogs are permitted. Wilderness areas are located to the north and south.

Area: Mountain Resorts - Big Cottonwood Canyon Road Salt Lake City, UT 84121

**Bike Taxi** - Offering pedicab tours & rides around downtown SLC via text/phone at (801) 686-8294. Give them about 10-20 minutes notice & they’ll pick you up!

**Capitol Theatre** - Built in 1913, the Capitol Theatre is home to the Utah Opera Company, Ballet West, and Ririe-Woodbury Dance Company. Other touring live performances and Broadway plays are also performed at the Capitol Theatre.

**Cathedral of the Madeleine** - Salt Lake's Largest Catholic Church. Restored to its original splendor, it is referred to as a Cultural Masterpiece. Roman Catholic Mass - Mon-Fri 8 am, 5:15 pm (choir); Sat 5 pm (English) 7 pm (Spanish); Sun 8:30 am, 11 am (choir), 3 pm (Spanish), 6 pm. Holy Days: please contact cathedral.

331 East South Temple Salt Lake City, UT 84111

Phone: 801-328-8941 Website: www.saltlakecathedral.org

**The Children's Museum of Utah** - Located at 840 North 300 West, The Children's Museum of Utah is an interactive learning zone where children and adults can explore, imagine, create, and discover together. The Museum features over 75 permanent exhibits in the arts, sciences, and humanities.

**Church History Library and Archives** - Chronicling the history of the Church of Jesus Christ of Latter-day Saints from its beginning in 1830 to the present day, collections at the library contain manuscripts, books, Church records, photographs, oral histories, architectural drawings, pamphlets, newspapers, periodicals, maps, microforms, and audiovisual materials. Staff at the library create methods for accessing this information.

Area: Downtown - 15 East North Temple Salt Lake City, UT 84150

Phone: (801) 240-2745

**The City & County Building** - The City & County Building has served as the site of virtually every local government decision during this century. Visitors are astonished by its sheer size and bulk.

Area: Downtown

450 South State Street Salt Lake City, UT 84111

Phone: (801) 535-7280
City Creek Center - Rising in the heart of Salt Lake City, City Creek Center will be the retail centerpiece of one of the nation's largest mixed-use downtown redevelopment projects. This unique shopping environment features a retractable roof, a creek that runs through the property, a pedestrian sky bridge and more. This world-class fashion and dining destination offers approximately 80 stores and restaurants in a casual, pedestrian-friendly environment.

Area: Downtown
50 South Main Street Salt Lake City, UT 84144
Phone: (801) 521-2012 Website: www.shopcitycreekcenter.com

City Creek Park - Picturesque park features a stone-lined stream, serene pond, triple-arch bridge, and pedestrian paths leading to Memory Grove Park.

Area: Downtown
175 North State Street (State Street & 2nd Avenue) Salt Lake City, UT 84101

The City Library - With more than 500,000 books and other materials, the six-story library features a curving, walkable wall embracing the public plaza, shops and services at ground level, reading galleries, and a 300-seat auditorium. A multi-level reading area along the southern facade of the building looks out onto stunning views.

Area: Downtown - 210 East 400 South Salt Lake City, UT 84111
Phone: (801) 524-8200  Website: www.slcpl.org

The City Library Plaza - The 240,000-square-foot library features a 6-story walkable curving wall and a rooftop garden. Inside are shops and a cafe at ground level and reading galleries above, with spiraling fireplaces on 4 levels, abundant natural light, and magnificent views. The plaza has a reflecting pool and fountain. Free Internet access. Tours offered daily.

Area: Downtown - 210 East 400 South Salt Lake City, UT 84111
Website: www.slcpl.org

Clark Planetarium - Located in the heart of downtown Salt Lake City, Clark Planetarium explores the wonders of space and science through the state-of-the art ATK 3D IMAX and Hansen Dome Theatres, free exhibits and the Planet Fun Clark Planetarium Store. Our space exploration-themed building also provides a unique and spacious facility capable of hosting private events for up to 800 people.

Area: Downtown - The Gateway 110 South 400 West Salt Lake City, UT 84101-1145
Phone: 801-456-STAR (7827) Website: www.clarkplanetarium.org

Council Hall - Originally located in downtown Salt Lake, the hall served as a city and territorial government office. It was moved in 1960 and now houses the Utah Office of Tourism and the ZNHA Bookstore/visitors center.

Area: Downtown
300 North State Street (South of the Capitol Building) Salt Lake City, UT 84102
Phone: 801-538-1900

Discovery Gateway - Discovery Gateway children’s museum is located in the Gateway Mall in downtown Salt Lake City. Discovery Gateway offers 60,000 square feet of interactive fun, and our engaging exhibits invite guests to explore and play together! Discovery Gateway boasts versatile spaces for your company gatherings, and school functions. Every experience at Discovery Gateway will be unforgettable. Connect Pass Attraction - includes One Admission

Area: Downtown - 444 West 100 South Salt Lake City, UT 84101
Phone: 801-456-5437  Website: www.discoverygateway.org
**THINGS TO DO IN SALT LAKE CITY**

**Eagle Gate Monument** - Erected in 1859 at the entrance to Brigham Young’s property which led to the mouth of City Creek Canyon. Replaced several times over the years, the present 4,000 lb. eagle capping the 76-foot span of Eagle Gate has a wingspread of 20 feet.  
Area: Downtown - 1 South State Street (Intersection of State St & South Temple)  
Salt Lake City, UT 84103

**Energy Solutions Arena** - A 20,000-seat sports and entertainment facility. Home to NBA UTAH Jazz, major concerts & family shows.  
Area: Downtown - 301 West South Temple Salt Lake City, UT 84101-1219  
**Phone:** 801-325-2000  
**Website:** [www.energysolutionsarena.com](http://www.energysolutionsarena.com)

**Family History Library** - Founded in 1894, the Family History Library is the largest library of its kind in the world with over 300 computers, hundreds of microfilm and microfiche readers, and copiers. Records are available from around the world. Staff members are available to help you use the library, suggest resources and answer basic questions.  
Area: Downtown - 35 North West Temple Room # 344 Salt Lake City, UT 84150  
**Phone:** 801-240-2584  
**Toll Free:** (800) 346-6044  
**Website:** [www.familysearch.org](http://www.familysearch.org)

**FamilySearch™ Center** - Discover where generations meet! Easy-to-use genealogy computers access millions of worldwide records. Friendly, supportive staff. Free admission.  
Area: Downtown - Joseph Smith Memorial Building 50 East North Temple, Rm 599  
Salt Lake City, UT 84150-3400  
**Phone:** 801-240-1161  
**Website:** [www.familysearch.org](http://www.familysearch.org)

**First Presbyterian Church of Salt Lake City** - First Presbyterian Church of Salt Lake City, Utah, was organized in 1873. The present church structure, built in 1903, was restored in 2003. It is one of the three oldest religious structures in the city. This structure is notable for its red sandstone exterior and beautiful stained-glass windows.  
Area: Downtown - 371 E. South Temple at “C” Street Salt Lake City, UT 84102  
**Phone:** 801-363-3889  
**Website:** [http://www.fpcsclc.org/](http://www.fpcsclc.org/)

**Fort Douglas Military Museum** - Located within the grounds of the University of Utah, the museum campus consists of three buildings which house the library, exhibits, administration offices, artifact storage and workshop areas. The three buildings are on the National Register of Historic Places, and date from 1863 and 1875. The museum features indoor and outdoor exhibits, a gift shop, a cannon and tank park, educational programs and self-guided tours of the fort.

**Gallivan Center** - Salt Lake's outdoor living room. Skating rink, amphitheater, 16 unique art pieces recreating a natural Utah theme. Entertainment daily. Rentals available; weddings, meetings, concerts, festivals.  
Area: Downtown - 239 South Main Street Salt Lake City, UT 84111-1986  
**Phone:** 801-535-6110  
**Website:** [www.thegallivancenter.com](http://www.thegallivancenter.com)

**Gardner Village** – Stroll brick-lined pathways and discover retail specialty shops and restaurants surrounding the historic Gardner Mill. You'll enjoy a leisurely-paced setting milling around Utah’s rich cultural shopping, dining, and historic experience.  
Area: South Valley - 1100 West 7800 South, West Jordan, UT 84088-3500  
**Phone:** 801-566-8903  
**Website:** [www.gardnervillage.com](http://www.gardnervillage.com)
Gilgal Sculpture Garden - Tucked away behind houses and businesses, this mid-20th-century sculpture garden features 12 original sculptures and over 70 stones engraved with scriptures, poems, and literary texts.  
Area: Salt Lake City - 749 East 500 South Salt Lake City, UT  
Website: www.gilgalgarden.org

Governor’s Mansion (Kearns Mansion) - Located on South Temple between “G” & “H” Streets, the mansion was built as a residence for early mining executive Thomas Kearns and is now the official residence of Utah’s Governor. The Governor's Mansion is open for public tours.  
Area: Salt Lake City - 603 E. South Temple Salt Lake City, UT 84102  
Phone: 801-538-1005

Hatch’s Chocolate- Made famous by the TLC show, “The Little Chocolatiers”, Hatch’s wishes to establish an environment where you will leave all of your worries and stress at the door, allowing you the pure bliss of enjoying some of the finest chocolates and desserts in the world. Open 11am-10pm.  
Area- Avenues-376 8th Avenue,Unit A, Salt Lake City, UT 84103  
Phone: 801-532-4912  
Website: https://hatchfamilychocolates.com/

Heber Valley Historic Railroad - A journey on a historic train across Heber Valley, around Deer Creek Lake, and through Provo Canyon. Charters and group rates available.  

Holy Trinity Cathedral Greek Orthodox Church - Located in an area once known as “Greek Town.” The first Holy Trinity Church was built in 1905, the year the Greek Orthodox Community of Utah was organized. The present Cathedral was built in 1923.  
Area: Downtown - 279 South 300 West Salt Lake City, UT 84101  
Phone: 801-328-9681  
Website: http://gocslc.org/

International Peace Gardens - Located in Jordan Park, offering floral architecture and displays representing other countries. Open May–September, dawn until dusk.  
Area: Salt Lake City - 1060 South 900 West Salt Lake City, UT 84104  
Phone: 801-972-7800

ISU World Cup Short Track Speed Skating Championships at the Olympic Ice Oval - November 7 to 9, 2014. If you've never seen short track, it is very crazy and exciting, one of the most dynamic sit-on-the-edge-of-your-seat sporting events I've ever seen. There are qualifying rounds Friday and Saturday (during the day), then competition rounds Sat and Sun PM. Tickets are $20 for a pass for the whole thing, or $5 for Friday, and $10 for Sat / Sun. Obviously the COCAI folks probably couldn't go to the whole thing, but even parts would be exciting! Website: http://utaholympiclegacy.com/events-at-the-oval/isu-world-cup-short-track-speed-skating/ for information or tickets.

Joseph Smith Memorial Building - This beautifully resorted historic building, the former Hotel Utah built in 1911 and listed on the National Registry of Historic Buildings, houses the popular Family Search Center, for beginners interested in exploring their family history. The 500-seat Legacy Theater shows an hour-long, free film about the life of the Prophet Joseph Smith. There are three excellent public restaurants on site: The Roof and The Garden, both located on the 10th floor, and the Nauvoo Cafe, located in the southwest corner of the Main Floor. Free tours are available Mon-Sat.  
Area: Downtown - 15 East South Temple Salt Lake City, UT 84101  
Phone: 801-240-1266
**THINGS TO DO IN SALT LAKE CITY**

**Kennecott Utah Copper’s Bingham Canyon Mine** - The largest copper mine in the world. Visitor Center offers exhibits and a video presentation on the history, geology, and operations of the largest, most productive copper mine in the country. Open April–October. Admission fees are donated to charity.

Area: South Valley
Take I-15 to the 7200 South exit and follow 7800 South west to the mine.
Copperton, UT 84006 **Phone:** 801-252-3234 **Website:** www.kennecott.com

**LDS Church Conference Center** - Home for the semiannual general conferences of The Church of Jesus Christ of Latter-day Saints. Free tours daily. The expansive roof of the terraced complex is comprised of landscaped trees, shrubs, flowers, waterfalls, and fountains. The main auditorium seats 21,000.

Area: Downtown - 60 West North Temple Salt Lake City, UT 84101
**Phone:** 801-240-0075

**The Leonardo at Library Square** - The Leonardo is a Sci+Tech+Art museum that explores today’s big ideas, questions, inventions and discoveries. You are more than a reader or watcher or listener. You are a thinker. A creator. You are the greatest mind of your generation. You're a collaborator. And, well? That’s really, really cool.

Area: Downtown - 209 East 500 South Salt Lake City, UT 84111
**Phone:** (801) 531-9800 **Website:** www.theleonardo.org

**Lion House** - Constructed in 1855 as a residence for Brigham Young and his family. No tours, but The Pantry Restaurant on the lower level is open to the public.

Area: Downtown - 63 East South Temple Salt Lake City, UT 84111
**Phone:** 801-363-5466

**Little Cottonwood Canyon** - Only 25 miles from Salt Lake City, Little Cottonwood Canyon can be reached by taking the 6200 South "Canyons" exit from I-215 and continue east to the canyon on U-210 following signs for Snowbird and Alta.

Located to the south of Big Cottonwood Canyon, Little Cottonwood Canyon is so named because its length and width are "littler," however it is an equally glorious natural playground providing many of the same recreational opportunities. The mouth of the canyon is the quarry site for the massive granite blocks used in the LDS Salt Lake Temple and the Conference Center. This 7-mile route leads you past the sheer ruggedness and beauty of a glacially carved corridor on your way to Snowbird and Alta ski resorts. The first of Alta’s two lives began in the 1860s with the discovery of silver in the area. Virtually a ghost town by 1930, Alta was reborn in 1938 as the site of Utah’s first ski resort. Albion Basin, which encompasses Alta, is famous for wildflowers and is one of the most photographed areas in northern Utah. The canyon is part of a protected watershed area and visitors are not allowed to bring dogs. Wilderness areas are located to the north and south.

Area: Mountain Resorts - Little Cottonwood Canyon Road Salt Lake City, UT 84121

**The Living Planet Aquarium** - Experience an educational, cultural, entertainment facility. See and touch many of the animals that will eventually call The Living Planet home. Exhibits feature sharks, rays, seahorses and jellyfish as well as octopus, eels, piranha, a rescued Green sea turtle and Gentoo penguins! It is a unique opportunity for the many landlocked Utahans, particularly children, who have not previously had the chance to interact with such creatures.

Area: South Valley - 12033 S Lone Peak Pkwy, Draper, Utah 84020
**Phone:** 801-355-3474 **Website:** www.thelivingplanet.com
**Memory Grove Park** - Located just north of the downtown area, this park features memorials to Utah's veterans and a replica of the Liberty Bell. Walking, jogging, bicycling, etc. This park features memorials to Utah's veterans and a replica of the Liberty Bell. City Creek Canyon road is a walking, jogging, and bicycling route extending into the mountains to the northeast.

300 North Canyon Road Salt Lake City, UT  
Phone: 801-972-7800

**Natural History Museum of Utah at the Rio Tinto Center** - The Natural History Museum of Utah is a major research institution located at the University of Utah with a focus on the natural and cultural history of the Great Basin Region and the Colorado Plateau. Approximately 51,000 square feet dedicated to new permanent exhibitions within the galleries that explore topics ranging from Utah's ancient ecosystems and Utah's first peoples to cutting edge science in the areas of biogeography and genetics. The Museum's new exhibit galleries were developed by some of the world's leading scientists, educators and exhibit designers. They feature Utah's history, artifacts and objects from every county in the state. Experience Utah's natural history from the ground up!

Area: Salt Lake City - 301 Wakara Way Salt Lake City, UT 84108  
Phone: (801) 581-4303  
Website: www.nhmu.utah.edu

**Olympic Cauldron Park** - The spirit of Salt Lake 2002 lives on at Olympic Cauldron Park, a stunning new space set high on a city hillside. Adjacent to Rice-Eccles Stadium, site of Opening and Closing Ceremonies. The park features the cauldron itself, the striking Hoberman Arch, a visitor center, and a theater. Panels tell the story of the 17 days of the games. Take TRAX up to it, at the University of Utah.

Area: Salt Lake City - 451 South 1400 East Salt Lake City, UT 84112  
Phone: 801-581-6606

**Pioneer Memorial Museum** - 6 Floors of Displays, The Pioneer Memorial Museum is noted as the world's largest collection of artifacts on one particular subject, and features displays and collections of memorabilia from the time the earliest settlers entered the Valley of the Great Salt Lake until the joining of the railroads at a location known as Promontory Point.

**Red Butte Gardens** - On the east side off of Foothill Blvd. and east of the U. of U., Red Butte is nestled away in the foothills, the Garden has a breathtaking panoramic view of the Salt Lake Valley, and boasts 150-acres of natural area, spectacular floral displays, fountains, waterfalls and walking paths. Utah's only Arboretum. Featuring 11 themed botanical Gardens, Specialty Gift Shop, Orangerie (warm) Garden, Open year-round.

Area: Salt Lake City - 300 Wakara Way Salt Lake City, UT 84108  
Phone: 801-581-IRIS (4747)  
Website: www.redbuttegarden.org

**Rio Grande Depot / Utah State Historical Society** - Built in 1910 for the Denver Rio Grande and Western Railroad, this is one of the state’s grandest buildings. It now houses state history offices, the Utah History Research Center, the Rio Gallery, and the Rio Grande Cafe.

Area: Downtown - 300 S. Rio Grande Street Salt Lake City, UT 84101  
Phone: 801-533-3500  
Website: http://history.utah.gov/

**Sailing on the Great Salt Lake** - Welcome aboard the good ship Nauti Girl for your next Utah Adventure! Sail Utah and the Great Salt Lake Experience will assist you and your group in creating a fantastic event on their 27 foot sail boat. Learn about the Great Salt Lake and the eco system the lake supports. Learn the basics of sailing or just relax, soak up the sun and feel the wind in your hair. 2, 3 & 4 hour cruises available.
THINGS TO DO IN SALT LAKE CITY

Salt Lake Art Center - Since its inception in 1931, the Salt Lake Art Center has been an independent voice for contemporary visual art in the State and region. The center presents approximately twelve visual arts exhibitions annually, a full complement of educational programs for a general adult audience, and focused arts education programs for elementary and high-school age youth, all FREE of charge.

Salt Lake Masonic Temple - Free tours. Call for an appointment and we will make arrangements. Built in 1927; includes Egyptian, Gothic, Moorish, and Colonial rooms.
Area: Salt Lake City - 650 E. South Temple Salt Lake City, UT 84102
Phone: 801-363-2936

Salt Lake Temple Square - The centerpiece of this beautifully landscaped 10-acre plot in the heart of downtown is the 6-spired Salt Lake Temple. Also on the Square is the domed Tabernacle, home of the world-famous Mormon Tabernacle Choir; the Assembly Hall where free concerts are given most weekends; 2 visitor centers; 2 one-hour films: Legacy and The Testaments of One Fold and One Shepherd. Free tours are given daily in 30 languages, and start every few minutes at the flagpole.
Area: Downtown - 50 West North Temple Salt Lake City, UT 84101
Phone: 801-240-2534 Website: www.visittemplesquare.com

Social Hall Heritage Museum - Discover an archeological dig in underground downtown Salt Lake! Visit the Social Hall Heritage Museum to find out what the early settlers of Salt Lake did for a good time. Salt Lake City's Social Hall was just that, a building dedicated to social gatherings. There settlers shook off the hardships of frontier life and enjoyed music, dancing, lectures, and the company of good friends. The remains of the Social Hall were uncovered in 1991 and a museum was erected to preserve them. A glass enclosure displays the walls of the original building, along with artifacts.
51 South State Street Salt Lake City, UT 84111
Phone: 801-321-8745

St. Mark's Cathedral - St. Mark's Cathedral dates from 1871 and is the third oldest Episcopal cathedral in the United States. It is Utah’s oldest non-Mormon church
Area: Downtown - 231 East 100 South Salt Lake City, UT 84102
Phone: 801-322-3400

State Room – Live Music (638 South State Street, short walk from hotel)
Friday, 11/7, at 9PM – Poor Man's Whiskey, tickets $12 each, http://tickets.thestateroomslc.com/eventperformances.asp?evt=241
Saturday, 11/8, at 9PM – Brandon Santini & Tony Holliday, tickets $15 each, http://tickets.thestateroomslc.com/eventperformances.asp?evt=159

Sweet Candy Company - Free factory tour of Utah's largest candy factory which produces Salt Water Taffy, hundreds of other candies. Fresh candy samples. Factory outlet store.
Area: Airport - 3780 West Directors Row Salt Lake City, UT 84104
Phone: 801-886-1444 Toll Free: (800) 669-8669 Website: www.sweetcandy.com

Taffy Town, Inc. - Come and visit the famous Taffy Town. Manufacturers of the "World's Best Taffy". Our Factory Store offers over 70 of our delicious flavors of taffy plus other delightful candies. See our in-store video on how our taffy is made
Area: Salt Lake City - 55 West 800 South Salt Lake City, UT 84101
Phone: (801) 355-4637 Toll Free: (800) 765-4770 Website: www.taffytown.com
THINGS TO DO IN SALT LAKE CITY

This Is The Place Heritage Park - On the east side off of Foothill Blvd. and east of the U. of U., take a walk into the past at This Is The Place State Park. Old Deseret is a living historic village that recreates a typical community between 1847 and 1869. See the sights of daily pioneer life and visit adobe houses, shops, schools, churches and sites of cultural activities. Create 1860s ambiance for a unique event in This is The Place Heritage Park's Heritage Village. Over 450 acres. Perfect for corporate events, parties, receptions, and family reunions.
Area: Salt Lake City - 2601 East Sunnyside Avenue Salt Lake City, UT 84108-1453
Phone: 801-924-7502 Website: www.thisistheplace.org

Tracy Aviary @ Liberty Park - Located at the Southwest end of Liberty Park, Tracy Aviary is America's oldest and largest bird park. The Aviary currently maintains a population of about 500 birds representing 150 species, 21 of which are listed as endangered or threatened. Over 400 birds representing about 135 different species in a tranquil wooded setting. Year-round free-flight bird shows. Open 363 days a year.
Area: Salt Lake City - 589 East 1300 South Salt Lake City, UT 84105-1111
Phone: 801-596-8500 Website: www.tracyaviary.org

Area: Salt Lake City - 367 Trolley Square Salt Lake City, UT 84102-2824
Phone: 801-521-9877 Website: www.trolleysquare.com

The University of Utah - Established in 1850, the University of Utah is Utah’s oldest and largest public institution of higher learning. Visitors to the campus are welcome.
Area: Salt Lake City
201 South Presidents Circle (2 miles east of downtown) Salt Lake City, UT 84112
Phone: 801-581-5888 Website: www.utah.edu

Utah's Hogle Zoo - Welcome to the upper Pacific coastline of North America. Welcome to Rocky Shores! Reflecting the look of historic Cannery Row, this extensive multi-animal wonderland featuring polar bears, grizzlies, sea lions, seals, river otters and bald eagles, includes unprecedented viewing of the animals, including underwater. Located on 42 acres at the mouth of Emigration Canyon in Salt Lake City’s eastern foothills, the Zoo is one of the top visited attractions in the state. Visit the rare cats of Asian Highlands or the magnificent pachyderms of Elephant Encounter and nearly 900 other animals from around the world! Open daily.
Area: Salt Lake City - 2600 East Sunnyside Avenue Salt Lake City, UT 84108-1454
Phone: 801-582-1631 Website: www.hoglezoo.org

Utah Museum of Fine Arts - 74,000-square-foot of museum space located at the U. of U, The Utah Museum of Fine Arts is the only general art museum in Utah, where it is a major and unique public institution and its 'constituency' is the state and region.

Utah Olympic Park - The Utah Olympic Park near Park City was the site of the 2002 Bobsled, Luge and Ski Jumping competitions. Visitors are treated to a guided tour of the park, athlete training sessions, 70 mile-per-hour bobsled rides, zip line rides, Quicksilver alpine slide rides, Olympic museum, an interactive museum, freestyle aerial and ski jumping shows on Saturday at noon and a variety of camps for all ages.
THINGS TO DO IN SALT LAKE CITY

Utah Olympic Oval - 2002 Olympic Winter Games speed skating site. Located in West Valley City, it is still the athletic training center. Public skating sessions, soccer, hockey leagues. Speed skating, curling, and figure skating instruction.
Area: West Valley - 5662 South 4800 West Kearns, UT 84118-6055
Phone: 801-968-OVAL Website: www.utaholympiclegacy.com

Utah Opera Company - Utah Opera produces four professionally staged, fully costumed operas with nationally and internationally known artists.

Utah State Capitol Building - The Capitol was designed by Utah architect Richard K.A. Kletting in 1912 completed in 1916, and renovated in 2004. Artwork, fixtures and furnishings were acquired, conserved and created; new service buildings and landscaping were added; and the most up-to-date technology installed.
Area: Salt Lake City
120 State Capitol Salt Lake City, UT 84114
Phone: (801) 538-3074

The Utah Symphony - Founded in 1940, the Utah Symphony has become a vital presence on the American music scene through its distinctive performances worldwide and its well-known recording legacy. The Symphony performs in the Abravanel Hall.

Visitor Information Center - Located inside the Salt Palace Convention Center, the Visitor Information Center is the ideal place to begin a visit to the Salt Lake area. Information Specialists assist with lodging, sightseeing, current events, parking, and transportation. Open 7 days a week from 9:00 am-5:00 pm; closed on major holidays.
Area: Downtown - 90 South West Temple Salt Lake City, UT 84101
Phone: (801) 534-4901 Toll Free: (800) 541-4955 Website: www.visitsaltlake.com

White Memorial Chapel - The 1980 White Memorial Chapel is a reproduction of an earlier chapel belonging to the Church of Jesus Christ of Latter-day Saints. The original was constructed in 1883 and stood on the site for ninety years. The reproduction is in the original Gothic revival style and incorporates a number of artifacts from the original chapel: the steeple, cornerstone, leaded glass windows and frames, doors, benches, pulpit, and interior woodwork were all preserved from the 1973 demolition and became part of the new building.
Area: Downtown
300 North State Street Salt Lake City, UT 84114
THINGS TO DO IN SALT LAKE CITY

Things to do in Salt Lake City in Oct/Nov:

**Downtown Farmers Market** - Pioneer Park, 379 S. 300 W. (Saturdays)
The Downtown Farmers Market, sponsored by The Downtown Alliance, offers fresh produce and poultry from more than 80 local farmers, plus unique prepared foods, beverages and hand-crafted items.

**Heber Valley Railroad: Haunted Canyon and Pumpkin Patch**
Heber Valley Railroad's Haunted Canyon excursion takes visitors on a spooky 35-minute train ride with lots of fun and scary surprises.
Friday and Saturday evenings throughout October departs @ 7:30, 8:30 and 9:30
Creep Factor: Mild
Heber Valley Railroad also offers a Pumpkin Patch excursion, where visitors take a scenic autumn train ride and pick their own Halloween pumpkin.
Creep Factor: None - Fridays and Saturdays throughout October, 3 p.m.
450 S. 600 W. Heber City, UT 435-654-5601

**Real Salt Lake** - Real Salt Lake ends the regular MLS season with possible important games in October: Rio Tinto Stadium - 9256 S. State St. in Sandy, UT

**Salt Lake and Ogden Ghost Tours** - Guided by a professional storyteller, guests travel by bus to the great "haunts" of Salt Lake City or Ogden and learn about the ghosts who dwell in historic buildings and cemeteries.
Creep Factor: Moderate
Starting times vary; tours last 1 1/2-2 hours.
Salt Lake City tours begin behind the Rio Grande Building at 300 S. 500 W.
Bring a can of food for the Utah Food Bank and save $1.
Advance reservations recommended - buy tickets online or call 801-529-4497

**The Utah Shakespeare Festival in Cedar City** - Hosted by Southern Utah University in its replica Globe Theatre and two other theaters, the Utah Shakespeare Festival is a great event that's definitely worth the trip to Cedar City. 300 W. Center Street in Cedar City

**Utah Ute’s Football** - The Utah Utes football program is a college football team that currently competes in the Pacific-12 Conference of the Football Bowl Subdivision of NCAA Division I and represents the University of Utah.
Sat Nov 8th @ SLC vs Oregon
## THINGS TO DO IN SALT LAKE CITY (By Category)

### Arts and Entertainment
- Abravanel Hall
- Ballet West
- Capitol Theatre
- Energy Solutions Arena
- Gallivan Center
- Salt Lake Art Center
- Utah Opera Company
- Utah Symphony

### Historic Sites
- The Beehive House
- Cathedral of the Madeline
- Church History & Archives
- City and County Building
- Council Hall
- Eagle Gate Monument
- Family History Library
- FamilySearch Center
- First Presbyterian Church of Salt Lake City
- Gilgal Sculpture Garden
- Governor's Mansion
- Holy Trinity Cathedral Greek Orthodox Church
- Joseph Smith Memorial Building
- Kennecott Utah Copper's Bingham Canyon Mine
- LDS Church Conference Center
- Rio Grande Depot/ Utah State Historical Society
- Salt Lake Temple Square
- St. Marks Cathedral
- This Is The Place Heritage Park
- University of Utah
- State Capitol Building
- White Memorial Chapel

### Candy & Desserts
- Hatch's Chocolate
- Sweet Candy Company
- Taffy Town Inc.
### Museums, Libraries, and Zoos
- The Children's Museum of Utah
- The City Library and Plaza
- Clark Planetarium
- Discovery Gateway
- Fort Douglas Military Museum
- The Leonardo at Library Square
- Natural History Museum of Utah
- Living Planet Aquarium
- Olympic Cauldron Park
- Pioneer Memorial Museum
- Social Hall Heritage Museum
- Tracy Aviary at Liberty Park
- Hogle Zoo
- Utah Museum of Fine Arts

### Recreation and Hiking
- Big Cottonwood Canyon
- City Creek Park
- Heber Valley Historic Railroad
- International Peace Gardens
- Little Cottonwood Canyon
- Memory Grove Park
- Red Butte Gardens
- Sailing on the Great Salt Lake
- Utah Olympic Oval
- Utah Olympic Park
- Visitor Information Center

### Restaurants
- The Lion House

### Shopping
- City Creek Center
- Gardner Village
- Trolley Square

### Transportation
- Bike Taxi
## RESTAURANTS BY TYPE

### American/Continental

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bambara</td>
<td>202 S. Main Street</td>
<td>801-363-5454</td>
</tr>
<tr>
<td>Copper Onion</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blue Lemon</td>
<td>55 W. South Temple</td>
<td>801-328-2583</td>
</tr>
<tr>
<td>The Melting Pot</td>
<td>340 S. Main Street, Salt Lake City</td>
<td>801-539-1911</td>
</tr>
<tr>
<td>The Roof</td>
<td>15 E. South Temple</td>
<td>801-539-1911</td>
</tr>
<tr>
<td>Gracie's</td>
<td>326 S. West Temple</td>
<td>801-819-7565</td>
</tr>
<tr>
<td>Pallet Bistro</td>
<td>237 S. 400 West</td>
<td>801-935-4431</td>
</tr>
</tbody>
</table>

### Breakfast

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Plate</td>
<td>2041 S. 2100 East</td>
<td>801-463-1151</td>
</tr>
<tr>
<td>The Other Place</td>
<td>469 E. Broadway</td>
<td>801-521-6567</td>
</tr>
<tr>
<td>Gourmandise Bakery</td>
<td>250 S. 300 East</td>
<td>801-328-3330</td>
</tr>
<tr>
<td>Ruth's Diner</td>
<td>2100 Emigration Canyon</td>
<td>801-582-5807</td>
</tr>
<tr>
<td>The Park Café</td>
<td>604 E. 1300 South</td>
<td>801-487-1670</td>
</tr>
<tr>
<td>Eggs in the City</td>
<td>1675 E. 1300 South</td>
<td>801-581-0809</td>
</tr>
<tr>
<td>Pig &amp; A Jelly Jar</td>
<td>401 E 900 S</td>
<td>385-202-7366</td>
</tr>
<tr>
<td>Café Niche</td>
<td>779 E 300 S</td>
<td>801-433-3380</td>
</tr>
</tbody>
</table>

### Chinese

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Café Trang</td>
<td>307 W. 200 South</td>
<td>801-539-1638</td>
</tr>
<tr>
<td>J. Wong's Asian Bistro</td>
<td>163 W. 200 South</td>
<td>801-350-0888</td>
</tr>
<tr>
<td>P.F. Changs</td>
<td>174 W. 300 South</td>
<td>801-539-0500</td>
</tr>
<tr>
<td>Charlie Chow's</td>
<td>255 E. 400 South</td>
<td>801-328-3663</td>
</tr>
<tr>
<td>Cindy Lee Café</td>
<td>264 S. Main Street</td>
<td>801-359-4544</td>
</tr>
</tbody>
</table>

### French

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Les Madeleines</td>
<td>216 East 500 South</td>
<td>801-355-2294</td>
</tr>
<tr>
<td>Eva's Bakery Boulangerie</td>
<td>155 S. Main</td>
<td>801-355-3942</td>
</tr>
<tr>
<td>The Paris</td>
<td>1500 S. 1500 East</td>
<td>801-486-5585</td>
</tr>
<tr>
<td>La Caille</td>
<td>9565 S. Wasatch Blvd.</td>
<td>801-942-1751</td>
</tr>
</tbody>
</table>
## RESTAURANTS BY TYPE (Continued)

### Indian/Middle Eastern

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Copper Bowl</td>
<td>214 West 600 South</td>
<td>801-309-7543</td>
</tr>
<tr>
<td>The Kathmandu</td>
<td>212 S. 700 East</td>
<td>801-355-0454</td>
</tr>
<tr>
<td>Star of India</td>
<td>55 East 400 South</td>
<td>801-363-7555</td>
</tr>
<tr>
<td>Bombay House</td>
<td>2731 Parleys Way</td>
<td>801-581-0222</td>
</tr>
<tr>
<td>Mazza</td>
<td>912 E. 900 South</td>
<td>801-521-4572</td>
</tr>
</tbody>
</table>

### Italian

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Café Molise</td>
<td>55 W. 100 South</td>
<td>801-364-8833</td>
</tr>
<tr>
<td>Cucina Toscana</td>
<td>308 W. Broadway</td>
<td>801-328-3463</td>
</tr>
<tr>
<td>Valter's Osteria</td>
<td>173 W. Broadway</td>
<td>801-521-4563</td>
</tr>
<tr>
<td>Canella's</td>
<td>204 E 500 South</td>
<td>(801) 355-8518</td>
</tr>
<tr>
<td>Faustina</td>
<td>454 E. 300 South</td>
<td>(801) 746-4441</td>
</tr>
<tr>
<td>Vinto</td>
<td>418 East 200 South</td>
<td>801-539-9999</td>
</tr>
</tbody>
</table>

### Mexican

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Iguana</td>
<td>155 S. West Temple</td>
<td>801-533-8900</td>
</tr>
<tr>
<td>Red Iguana</td>
<td>736 W. North Temple</td>
<td>801-322-1489</td>
</tr>
<tr>
<td>Frida Bistro</td>
<td>545 W. 700 South</td>
<td>801-983-6692</td>
</tr>
<tr>
<td>Z'Tejas</td>
<td>191 S. Rio Grande</td>
<td>801-456-0450</td>
</tr>
</tbody>
</table>

### Pizza

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Setebello</td>
<td>260 S. 200 West</td>
<td>801-322-3556</td>
</tr>
<tr>
<td>The Pie</td>
<td>1320 E. 200 South (downstairs)</td>
<td>801-582-0193</td>
</tr>
<tr>
<td>Este Pizzeria</td>
<td>168 E. 200 South</td>
<td>801-363-2633</td>
</tr>
<tr>
<td>Vinto</td>
<td>418 East 200 South</td>
<td>801-539-9999</td>
</tr>
</tbody>
</table>
## RESTAURANTS BY TYPE

<table>
<thead>
<tr>
<th>Small Plate</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rye Diner</td>
<td>239 S. 500 East</td>
<td>801-364-4655</td>
</tr>
<tr>
<td>Eva</td>
<td>317 S. Main Street</td>
<td>801-359-8447</td>
</tr>
<tr>
<td>Meditrina</td>
<td>1394 S. West Temple</td>
<td>801-485-2055</td>
</tr>
<tr>
<td>Forage</td>
<td>370 E. 900 South</td>
<td>801-708-7834</td>
</tr>
<tr>
<td>BTG Wine Bar</td>
<td>63 W. 100 South</td>
<td>801-359-2814</td>
</tr>
<tr>
<td>Avenues Proper</td>
<td>376 8th Avenue</td>
<td>385-227-8628</td>
</tr>
<tr>
<td>The Rest (enter through Bodega)</td>
<td>331 S. Main Street</td>
<td>801-532-4452</td>
</tr>
<tr>
<td>Pago</td>
<td>878 S. 900 East</td>
<td>801-532-0777</td>
</tr>
<tr>
<td>Martine</td>
<td>22 East 100 South</td>
<td>801-363-9328</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Steak and Seafood</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christopher's</td>
<td>134 W. Pierpont Ave.</td>
<td>801-519-8515</td>
</tr>
<tr>
<td>Flemming's</td>
<td>20 S. 400 West (Gateway)</td>
<td>801-355-3704</td>
</tr>
<tr>
<td>Market Street Grill</td>
<td>48 W. Market Street</td>
<td>801-322-4668</td>
</tr>
<tr>
<td>Market Street Oyster Bar</td>
<td>54 W. Market Street</td>
<td>801-531-6044</td>
</tr>
<tr>
<td>New Yorker</td>
<td>60 W. Market Street</td>
<td>801-363-0166</td>
</tr>
<tr>
<td>Spencer's</td>
<td>255 S. West Temple</td>
<td>801-238-4748</td>
</tr>
<tr>
<td>Ruth's Chris</td>
<td>275 S. West Temple</td>
<td>801-363-2000</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sushi/Japanese</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Takashi</td>
<td>18 W. Market Street</td>
<td>801-519-9595</td>
</tr>
<tr>
<td>Ichiban Sushi</td>
<td>336 S. 400 East</td>
<td>801-532-7522</td>
</tr>
<tr>
<td>Ahh! Sushi</td>
<td>22 E. 100 South (downstairs)</td>
<td>801-359-6770</td>
</tr>
<tr>
<td>Naked Fish Bistro</td>
<td>67 W. 100 South</td>
<td>801-595-8888</td>
</tr>
<tr>
<td>Happy Sumo</td>
<td>153 S. Rio Grande Street</td>
<td>801-456-7866</td>
</tr>
<tr>
<td>Shogun Japanese Cuisine</td>
<td>321 S. Main Street</td>
<td>801-364-7142</td>
</tr>
</tbody>
</table>
## RESTAURANTS BY TYPE (Continued)

<table>
<thead>
<tr>
<th>Thai</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thai Lotus Café</td>
<td>212 East 500 South</td>
<td>801-328-4401</td>
</tr>
<tr>
<td>Thaifoon</td>
<td>7 N. 400 West (Gateway Mall)</td>
<td>801-456-8424</td>
</tr>
<tr>
<td>Bangkok Terrace</td>
<td>61 Gallivan Ave.</td>
<td>801-355-0068</td>
</tr>
<tr>
<td>Sawadee Thai Restaurant</td>
<td>754 E. South Temple</td>
<td>801-EAT-THAI</td>
</tr>
<tr>
<td>Chanon Thai Café</td>
<td>278 E. 900 South</td>
<td>801-532-1177</td>
</tr>
<tr>
<td>Thai Garden &amp; Noodle House</td>
<td>868 E. 900 South</td>
<td>801-355-8899</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Vegetarian</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zest Bar &amp; Kitchen</td>
<td>275 S. 200 West</td>
<td>801-433-0589</td>
</tr>
<tr>
<td>Oasis Café</td>
<td>151 S. 500 East</td>
<td>801-322-0404</td>
</tr>
<tr>
<td>Sage's Café</td>
<td>234 W. 900 South</td>
<td>801-322-3790</td>
</tr>
</tbody>
</table>

---

**Thanks to Camp Hobé for compiling all of these great things to do, see, and taste in their great city, and for all of their hard work, planning, and hospitality as Host Camp!**
## CLUBS, PUBS, & BARS

### Clubs

<table>
<thead>
<tr>
<th>Club/Hotel/Elevate</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Club Hotel/Elevate</td>
<td>155 W 200 South</td>
</tr>
<tr>
<td>Area 51</td>
<td>451 S 400 West</td>
</tr>
<tr>
<td>Trapp Door</td>
<td>615 W 100 South</td>
</tr>
<tr>
<td>Circle Lounge</td>
<td>328 S State St</td>
</tr>
<tr>
<td>Mynt Martini</td>
<td>63 W 100 South</td>
</tr>
<tr>
<td>ONE nightclub</td>
<td>400 S. 180 W</td>
</tr>
</tbody>
</table>

### Pubs/Bars

<table>
<thead>
<tr>
<th>Pub/Bar</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red Rock Brewing Company</td>
<td>254 S 200 W</td>
</tr>
<tr>
<td>Red Door</td>
<td>57 W 200 S</td>
</tr>
<tr>
<td>Bayou</td>
<td>645 S State</td>
</tr>
<tr>
<td>Tavernacle</td>
<td>201 E Broadway</td>
</tr>
<tr>
<td>Squatter's Pub</td>
<td>147 W 300 S</td>
</tr>
<tr>
<td>Burt's Tiki Lounge</td>
<td>726 S State</td>
</tr>
<tr>
<td>Green Street</td>
<td>602 E 500 S</td>
</tr>
<tr>
<td>Beerhive Pub</td>
<td>128 S Main</td>
</tr>
<tr>
<td>Green Pig</td>
<td>31 E 400 S</td>
</tr>
<tr>
<td>Murphy's Bar and Grill</td>
<td>160 S Main</td>
</tr>
<tr>
<td>Bayleaf Bar and Grub</td>
<td>159 S Main</td>
</tr>
<tr>
<td>Duffy's Tavern</td>
<td>932 S Main</td>
</tr>
<tr>
<td>Lumpys</td>
<td>145 W Pierpont Ave (250 S)</td>
</tr>
<tr>
<td>Keys on Main</td>
<td>242 S Main</td>
</tr>
<tr>
<td>Cheers to You</td>
<td>315 S Main</td>
</tr>
<tr>
<td>Kristauf's Martini Bar</td>
<td>16 West Market S</td>
</tr>
<tr>
<td>Gracies</td>
<td>326 SW Temple</td>
</tr>
</tbody>
</table>
The Airport train stop is located at the south end of Terminal One. Bus stops are located on the curb outside of the Welcome Center at the south end of Terminal One and outside of Terminal Two adjacent to bag claim number 8. The City Center Station is right in front of the Salt Lake City Marriott City Center.

A train leaves the Airport for the city center every 15 minutes on weekdays and every 20 minutes on weekends. Bus service will be limited on weekdays and no bus service is available on weekends and holidays. Check with UTA for the 453 and 454 routes. Bus service is also available to Tooele and Grantsville.

One way fare for the bus and train to/from the Airport is $2.50.

(801) RIDE-UTA  (801) 743-3882  801-743-3882
Please visit [http://www.rideuta.com](http://www.rideuta.com) for schedules and fares.

**Hours**

6:00 am–11:00 pm Monday-Saturday
9:45 am–10:00 pm Sunday and holidays

Within Downtown Salt Lake City TRAX is FREE! See the map on the right for the Free Fare Zone:
### Best of Show Voting Ballot

<table>
<thead>
<tr>
<th>Category</th>
<th>Selection</th>
</tr>
</thead>
<tbody>
<tr>
<td>Best Photo</td>
<td></td>
</tr>
<tr>
<td>Best T-Shirt</td>
<td></td>
</tr>
<tr>
<td>Best Program</td>
<td></td>
</tr>
<tr>
<td>Best Volunteer Recognition</td>
<td></td>
</tr>
<tr>
<td>Best Fundraiser</td>
<td></td>
</tr>
</tbody>
</table>